

## Volunteer Programmes

No.	Volunteer Groups
1	Diversional Therapy Unit (DTU)
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5	Palliative Care Befrienders
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## 1. Diversional Therapy Unit (DTU)

History	The longest-serving volunteer group in TTSH, DTU was formed in 1948 by wives of British military men who came together to give support to tuberculosis patients who had been warded for extended periods of time. They keep these bored and depressed patients occupied, lifting their spirits by engaging them in handicraft work and social activities – “therapy” that diverts attention away from the illness.
Objectives	Today, DTU continues to bring joy to patients in the wards by befriending them. Volunteers also organize bi-monthly bazaars to sell their handiworks and raise funds for in aid of needy patients.
Leaders	Ms Rosalind Wong, Chairman Ms Mabel Wong, Vice Chairman
Activities	<ul style="list-style-type: none"> <li>Engage and befriend patients in the wards</li> <li>Make handicrafts to sell at the bi-monthly DTU Bazaars and raise funds for needy patients (through the TTSH Community Fund)</li> </ul>
Location	DTU Office at TTSH Level B2
Timings	Every Thursday from 9am – 12pm
Requirements	<ul style="list-style-type: none"> <li>Enjoys interacting with patients</li> <li>Preferably homemakers and retirees</li> <li>No special qualification required.</li> </ul>

## 2. Patient Buddies

History	Starting from August 2015, TTSH aims to help patients throughout their visit at the hospital, assisting them as they move from various clinics and services. Some elderly patients are too frail and have mobility difficulties, making it a challenge to keep to their appointments. This may even result in higher risk of readmission. This is where volunteers have stepped up to help bring these patients through their appointments and sessions, giving them the additional encouragement on their journey to recovery.
Objectives	The programme aims to provide elderly patients, especially those without caregiver support, the help they need when they come for their medical appointments.
Supported by TTSH Department(s)	<ul style="list-style-type: none"> <li>Care &amp; Counselling Department (via Medical Social Workers)</li> <li>Volunteer Management Office</li> </ul>
Activities	<ul style="list-style-type: none"> <li>Escort elderly patients from and to their homes or a location within the hospital</li> <li>Accompany elderly patients to their medical appointments</li> <li>Provide companionship and a listening ear to patients</li> <li>Assist the patient with relevant services where necessary</li> <li>Help translate medical/care instructions to patients who do not understand English (if needed)</li> </ul>
Locations	Clinics and/or patients' homes
Timings	Ad-hoc basis. Volunteers will be notified of relevant cases. Held on weekdays between 8am – 6pm
Requirements	<ul style="list-style-type: none"> <li>Enjoys interacting with elderly</li> <li>Able to visit the elderly on a weekly or fortnightly basis</li> <li>Able to converse in at least 1 local dialect – Mandarin, Malay or Tamil</li> <li>At least age 18 and above</li> <li>No special qualification required. Basic training will be provided</li> </ul>

### 3. Mandarin Speaking Befrienders

History	Mandarin Speaking Befrienders was started in September 2003 by Mdm Wong Pey Wah, a healthcare worker with the desire to enhance patient care.
Objectives	The group aims to reach out to patients who can only converse in Mandarin. They also assist doctors & nurses in translating instructions to mandarin speaking patients who has difficulty understanding English.
Leader	Mdm Wong Pey Wah
Activities	<ul style="list-style-type: none"> <li>• Provide companionship and a listening ear to mandarin speaking patients</li> <li>• Offer support to patient's family / caregivers</li> <li>• Attend to patient's needs (e.g. getting a glass of water, simple grooming)</li> <li>• Give feedback to nurses on patient behavior</li> </ul>
Locations	Ward 7 and Ward 9
Timings	<u>Weekly ward visits</u> Mondays: 11.00am – 1.00pm Tuesdays: 11.00am – 1.00pm & 1.00pm – 3.00pm Saturdays: 4.00pm – 6.00pm Sundays: 4.00pm – 6.00pm

### 4. Ward 75 Befrienders

History	<u>Ward 75 – Tuberculosis (TB) Ward</u> In recent years, there has been a resurgence of TB in Singapore. TB is a curable condition which disproportionately affects the poor and marginalized. Most patients are treated as outpatients but some require inpatient monitoring and have to stay in hospital for a prolonged period of time. As a result, these patients experience isolation, loneliness and a low morale.
Objectives	The group aims to provide support to patients through befriending and other interactive activities.
Staff Coordinators	Ms Regina Mary, Social Work Coordinator
Activities	<ul style="list-style-type: none"> <li>• Sharing of hobbies / interests (e.g.: singing to patients)</li> <li>• Providing companionship and a listening ear</li> <li>• Engaging in games and other interactive activities with patients (e.g.: Jenga, Bingo, memory card games)</li> </ul>
Timing	Every Thursday, 2pm – 4pm
Location	Communicable Diseases Centre 1 (CDC1), Ward 75
Requirements	<ul style="list-style-type: none"> <li>• At least aged 16 and above</li> <li>• Able to commit to the timing of the sessions</li> </ul>

## 5. Palliative Care Befrienders

History	Palliative care specializes in medical care for patients who are terminally ill, and it has been projected that by 2020, more than 10,000 patients will need palliative care each year. However, in addition to medical attention, end-of-life patients need moral and emotional support as well. The Palliative Care Befrienders volunteer group was thus formed in August 2012.
Objectives	The group aims to provide support to palliative care patients through befriending and other interactive activities.
Staff Coordinators	Ms Candice Tan, Senior Medical Social Worker
Activities	<ul style="list-style-type: none"> <li>• Sharing of hobbies / interests (e.g. reading to patients)</li> <li>• Providing companionship and a listening ear</li> <li>• Offering support to patient's family / caregivers</li> <li>• Engaging in games and other interactive activities with patients</li> <li>• Attending to patient's needs (e.g. getting a glass of water, simple grooming)</li> <li>• Giving feedback to nurses on patient behavior</li> </ul>
Timing	Ad hoc, usually during the day time
Locations	<ul style="list-style-type: none"> <li>• CDC 2 Ward 83 – Palliative Care Ward</li> <li>• TTSH Ward 9</li> </ul>
Requirements	<ul style="list-style-type: none"> <li>• Mature and strong in thinking</li> <li>• Able to commit to assigned patient</li> <li>• At least age 21 and above</li> </ul>

## 6. Survivor Camp Befrienders

History	The Survivor Camp Befrienders was formed in 2007. Starting with a little under 10 members, a group of friends came together with the commitment to devote a little time for the sick. Comprising of mostly youths, the group has grown in numbers over the years, and are still making visits to selected wards till today. The elderly enjoys seeing these young faces going in to spend time with them, and the group too are encouraged by the hope and 'spirit' that they bring to the wards.
Objectives	The group aims to bring the sense of hope to patients by visiting wards and engaging them with uplifting activities.
Leader	Ms Jasmine Ng-Koo & Mr David Ng
Activities	<ul style="list-style-type: none"> <li>• Visit patients in selected wards</li> <li>• Engage patients with singing and interactions (e.g. bringing them the joys of music)</li> <li>• Provide companionship and a listening ear to patients</li> </ul>
Location	Selected wards in the hospital
Timings	Every 1st & 3rd Thursdays of each month from 7pm – 9pm
Requirements	<ul style="list-style-type: none"> <li>• Enjoys interacting with patients</li> <li>• Ever ready to bring joy and hope to the wards</li> <li>• Only for ages 15 to 60</li> </ul>

## 7. Sakura Groomers

History	<p>Formed by a group of compassionate Japanese housewives in 1993, the group started by providing grooming services to patients undergoing rehab therapy.</p> <p>The group shares a strong link with the Japanese Association of Singapore because the group was first founded by Japanese housewives. Over the years, the Association has been acknowledging the group for its contributions to the healthcare community.</p>
Objectives	Sakura Groomers aim to lift the spirits of long-staying patients by keeping them neat and tidy. Volunteers with grooming services background will be at an advantage but not compulsory.
Leaders	<p>Ms Amy Koh – Leader</p> <p>Ms Furubayashi Yukiko – Assistant Leader</p>
Activities	General grooming services such as haircuts, shaving, nail clipping services.
Locations	TTSH Rehabilitation Centre @ Ang Mo Kio (located at Thye Hua Kwan Hospital)
Timing	Every Tuesday from 10.00am – 12.00pm at AMK-THK

## 8. Sports Integration Programme

History	Initiated by Occupational Therapists at TTSH Rehab Centre in 2017, the Sports Integration Programme runs regular activities for inpatients at the Rehab Centre, keeping them active and energised.
Objectives	The programme aims to provide inpatients at TTSH Rehab Centre with the opportunity to be engaged in different sports, promoting a healthy and active lifestyle after sustaining a medical condition.
Staff Coordinator	<p>Ms Nurul Jannah Binte Kamaludin, Senior Occupational Therapist</p> <p>Mr Issac, Hong Yun, Principal Occupational Therapist</p>
Activities	<ul style="list-style-type: none"> <li>• Bring patients on wheelchairs from wards to the gym</li> <li>• Assist the Physiotherapist/Occupational Therapist with sports activities: <ul style="list-style-type: none"> <li>• Week 1 – seated yoga</li> <li>• Week 2 – Seated Table tennis</li> <li>• Week 3 – Functional Fitness Group (involving circuits such as modified sit up, Wii Boxing)</li> <li>• Week 4 – Finska.</li> </ul> </li> <li>• Ensure the safety of patients during group sessions</li> </ul>
Location	Gym in TTSH Rehabilitation Centre (Ang Mo Kio)
Timing	Every Saturday from 9am – 11am (except on Public Holidays)
Requirements	<ul style="list-style-type: none"> <li>• Enjoys interacting with elderly</li> <li>• Ages 25 – 60. Tertiary students are most welcome</li> <li>• Physically healthy &amp; fit</li> <li>• No special qualification required. Training will be provided</li> </ul>

## 9. Volunteer Guiders Programme

History	Started in June 2012, the TTSH Volunteer Guiders Programme was formed to help patients and visitors find their way around the hospital. Many patients are old and frail, and some may not be accompanied by caregivers. When visiting the hospital, they may find it hard to read the signage and end up becoming lost, anxious and stressed. This is where volunteers are needed to actively direct lost patients and visitors safely to their destination.
Objectives	The programme aims to help patients and visitors find their way around the hospital, providing wheelchairs and assistance where necessary.
Supported by TTSH Department(s)	<ul style="list-style-type: none"><li>• Hospitality &amp; Environmental Services (via Visitor Experience Services)</li><li>• Volunteer Management Office</li></ul>
Activities	<ul style="list-style-type: none"><li>• Direct patients and visitors from main entrances and drop off areas safely to their destinations</li><li>• Provide companionship and a listening ear to patients</li><li>• Offer wheelchair or any other assistance where necessary</li></ul>
Location	From main entrances and drop-off points to various parts of the hospital
Timings	Once or twice a week on weekdays, 9am – 12pm or 2pm – 4pm
Requirements	<ul style="list-style-type: none"><li>• Enjoys interacting with people</li><li>• Passionate about helping people in need</li><li>• At least age 16 and above. Students are also welcome</li><li>• No special qualification required. Training and orientation will be provided</li></ul>

## 10. Volunteer Patient Programme (VPP)

History	Founded in 2009, the programme was created by the TTSH Rehabilitation Centre to provide support for patients undergoing rehabilitation treatment.
Objectives	VPP aims to revise the skills taught to the patients during their inpatient rehabilitation program. Volunteers also provide feedback to the Rehabilitation Centre's medical social workers (MSW), especially for patients struggling with self-care.
Staff Coordinator	Ms Chin May Ling, Patient Service Associate (based in AMK-THK Rehab) Ms Janet Lim Hoon Ru, Medical Social Worker Ms Fadillah Binte Mohamad Balweel, Senior Social Work Assistant
Leaders	Ms Chan Shiqi
Activities	<ul style="list-style-type: none"><li>• Befriend patients, especially those living alone with limited social support</li><li>• Organize and engage patients in social activities like singing sessions, Bingo, Wii, and movie screenings at the ward</li><li>• Escort patients from the Spinal Support Group on an ad-hoc basis for their medical appointments</li><li>• Monitor the health statuses of patients, and provide feedback regarding observations of non-compliance</li><li>• Facilitate the MSWs in conducting the ARTiculate Programme in the wards</li></ul>
Location	TTSH Rehabilitation Centre @ Ang Mo Kio (located at Thye Hua Kwan Hospital)
Timing	Once every 2 months on a Saturday, 1.30 pm – 4.30 pm
Requirements	<ul style="list-style-type: none"><li>• Enjoys interacting with others</li><li>• Fit and able to guide patients in rehabilitation programs</li><li>• At least age 16 and above</li><li>• No special qualifications required. Orientation will be provided</li></ul>

## 11. Supported Conversation Group for Patients with Aphasia

History	Initiated by Speech Therapists (STs) at the TTSH Rehabilitation Centre in 2017, the Supported Conversation Group assists qualified STs with activities for patients with chronic aphasia. Participants range from 30 to 82 years old, and consist primarily of stroke survivors. Each group therapy session typically consists of 5 patients and an ST, supported by 2 volunteers.
Objectives	The programme aims to provide an opportunity for patients with chronic aphasia to engage in activities to improve their communication skills. These activities are conducted in individual and/or group settings.
Staff Coordinator	Ms Nicole Geraldine Neubronner, Speech Therapist
Activities	<ul style="list-style-type: none"> <li>• Assist with the planning and preparation for activities</li> <li>• Co-facilitate activities with guidance from the STs</li> </ul>
Location	TTSH Rehabilitation Centre @ Ang Mo Kio (located at Thye Hua Kwan Hospital)
Timing	Group sessions: Selected Tuesdays, 3:30pm – 5:00pm (including time required for set-up)
Requirements	<ul style="list-style-type: none"> <li>• Good interpersonal &amp; listening skills</li> <li>• Enjoys interacting with adults</li> <li>• Able to speak English / Mandarin</li> <li>• Comfortable in using other non-standard ways of communication</li> <li>• No special qualifications required. Compulsory training will be provided.</li> </ul>

## 12. Mobile Library

History	Started in 2002 as part of United World College's "Upper School Social Service" Programme, Grade 11 students committed themselves to weekly social services in the local community for one year.
Objectives	Mobile Library aims to encourage students to lead activities and reflect on their contribution to the service. This programme also provides an insight into the lives of the disadvantaged so that students may realize that the value of service lies in the patient rather than the provider.
Leader	Mr Mani Hemaprashaad
Activities	<ul style="list-style-type: none"> <li>• Visit wards with a push-cart filled with a variety of reading materials</li> <li>• Distribute the materials to patients, in particular those who are restricted in movement and are looking to pass the time</li> <li>• Conduct simple befriending activities with the patients using the magazines as a tool</li> </ul>
Locations	TTSH Wards 5, 7 & 10 TTSH Subacute Wards 7, 8, 10, 12 & 13 (located at Ren Ci Community Hospital)
Timings	<u>Weekly ward visits</u> Every other Sunday from 2.15pm – 4.15pm
Requirements	<ul style="list-style-type: none"> <li>• Enjoys interacting with patients</li> <li>• At least aged 16 and above. Preferably youths</li> <li>• No special qualifications required</li> </ul>

### 13. Night Sitters Programme

History	Initiated by Nursing Service and Corporate Communications Department in 2007, the Night Sitters Programme was formed to help watch over patients who are at risk of falling, especially in the night.
Objectives	The Night Sitters aim to reduce falls in the wards and assist nurses in looking after patients at night, when the nursing staff to patient ratio is lower.
Activities	<ul style="list-style-type: none"> <li>• Watch over fall-risk patients, preventing falls &amp; helping to ensure their safety</li> <li>• Prevent patients from engaging in unsupervised activities</li> <li>• Accompany patients and help put them at ease, especially those who get restless at night/ unable to fall asleep in foreign places</li> <li>• Attending to patient's needs (e.g. getting a glass of water)</li> <li>• Observe patients and record their behavior</li> <li>• Give feedback to nurses on any unusual behavior</li> </ul>
Location	Selected wards in the hospital.
Timings	Every day from 9pm – 12am or 4am – 7am Note: one-way taxi ride or mileage reimbursement will be provided for the trip from TTSH to home (for 9pm shift) OR from home to TTSH (for 4am shift)
Requirements	<ul style="list-style-type: none"> <li>• Enjoys interacting with patients</li> <li>• Able to stay awake during the 3-hr shifts</li> <li>• At least age 16 and above</li> <li>• No special qualification required</li> </ul>

### 14. Happy to Help Programme

History	<p>Formed in May 2014, TTSH Happy to Help volunteers cheer inpatients up by accompanying them to various activities held within the hospital. Often, these patients need help moving around on wheelchairs, or may not be accompanied by caregivers.</p> <p>Volunteers in this programme also include those who prefer to offer their services on an ad-hoc basis. As such, many also help out at events and other activities, when possible.</p>
Objectives	The programme aims to lift the spirits of patients by bringing them to enjoy meaningful activities within the hospital, or simply getting them out of their wards for a change.
Supported by TTSH Department(s)	<ul style="list-style-type: none"> <li>• Corporate Communications Department (via the Art of Healing Programme)</li> <li>• Patient Experience Office (via CareConnect)</li> <li>• Nursing staff of various wards</li> <li>• Volunteer Management Office</li> </ul>
Activities	<ul style="list-style-type: none"> <li>• Guide patients from their wards to activities held in the hospital.</li> <li>• Accompany them and ensure their safety throughout the activity.</li> <li>• Befriend patients</li> <li>• Help out at events and activities</li> </ul>
Location	Wards and various parts of the hospital.
Timings	Ad-hoc basis. Volunteers will be notified of relevant activities.
Requirements	<ul style="list-style-type: none"> <li>• Enjoys interaction with people</li> <li>• Physically-fit and able to push patients in wheelchairs</li> <li>• At least age 16 and above</li> <li>• No special qualification required. Basic training will be provided (if any)</li> </ul>

## Patient Support Groups

No.	Volunteer Groups
1	Stroke Patient Support Group (Singapore National Stroke Association)
2	Lupus Patient Support Group (Lupus Association Singapore)
3	Cardiac Rehabilitation Patient Support Group
4	Patient Care Centre (PCC)
5	Prostate Cancer Support Group (PCSG)
6	Colon Cancer Support Group (CCSG)

## 1. Stroke Patient Support Group (Singapore National Stroke Association)

History	Initiated in Sep 2001 by the Singapore National Stroke Association (SNSA) in collaboration with the National Neuroscience Institute (NNI)
Objectives	<ul style="list-style-type: none"> <li>To provide psycho-social support and counselling for stroke survivors and caregivers;</li> <li>To provide support and counselling services for post-stroke adjustment.</li> </ul>
Leaders	Mr Eugene Escanan, SNSA (TTSH) Ms Janelle Yeo and Ms Amy, SNSA (TTSH-AMK Rehab)
Activities	<p>Weekly ward visits to TTSH Stroke Unit or wards with stroke patients.</p> <ul style="list-style-type: none"> <li>Encourage and facilitate post-stroke lifestyle adjustment.</li> <li>Share information and resources/ services especially tips on prevention of second attack.</li> <li>Counsel patients through experience sharing and encouragement</li> <li>Home visits (upon request).</li> <li>Monthly activity such as exercises and support group sharing</li> <li>1<sup>st</sup> Saturday of the month at NTUC Silver Circle</li> <li>3<sup>rd</sup> Saturday of the month at Life after Stroke Programme</li> </ul>
Timings	2 <sup>nd</sup> and 4 <sup>th</sup> Sunday of the month at Ward 10B, 11am – 1pm

## 2. Lupus Patient Support Group (Lupus Association Singapore)

History	Formed in 2002 under the auspices of the Lupus Association of Singapore as part of a weekly Visitation Programme in TTSH
Objectives	<ul style="list-style-type: none"> <li>To educate lupus patients about their illness through sharing of experience;</li> <li>To motivate and encourage patients to take on a positive attitude towards their illness;</li> <li>To provide a network of friendship and support to patients and their families.</li> </ul>
Leader	Ms Irene Lim
Activities	<ul style="list-style-type: none"> <li>Weekly visits to our Lupus patients in the wards</li> <li>Public Education Programmes and events for lupus patients to network and share experiences</li> <li>Counsel/ Train caregivers</li> </ul> <p>Fundraising initiatives (e.g. handicraft work) to provide financial assistance to needy lupus patients and families through the TTSH Community Fund.</p>
Timings	Wednesday 12pm – 2pm Every last Friday of the month 7pm – 9pm

### 3. Cardiac Rehabilitation Patient Support Group

History	Initiated in 2002 by former patients under TTSH's Outpatient & Cardiac Rehabilitation Programme in collaboration with doctors and nurses of TTSH's Cardiology Dept (volunteers have either gone through a Coronary Artery Bypass Graft or Percutaneous Coronary Intervention – 'balloon' or stent)
Objectives	To educate and provide emotional, psycho-social support to new cardiac patients with the aim to effect positive attitude changes towards taking control of patients' own health.
Leader	Mr Michael Poh and Mr Khoo Kiang Hua
Activities	Weekly visits by volunteers (ex-cardiac patients) to the wards to befriend new patients. One-on-one sessions can be arranged upon request. <ul style="list-style-type: none"> <li>• Provide emotional support to cardiac patients scheduled for procedures</li> <li>• Counsel patients (facilitated by a Cardiac Nurse) – assure and encourage them</li> <li>• Share experiences, tips and information on rehabilitation resources beyond TTSH (e.g. Local Exercise Group Program - LEG)</li> </ul>
Timing	LEG participants meet every Sunday 7.30am – 9am for workout sessions at Hougang Stadium

### 4. Patient Care Centre (PCC)

History	Set up in Feb 1997 by TTSH Communicable Disease Centre (CDC) as a community-based service for HIV/AIDS patients and their families.
Objectives	<ul style="list-style-type: none"> <li>• To help marginalised community of patients living with HIV (PLHIV) and to rebuild self-confidence of patient's living with HIV and assist them in transition to paid employment in society.</li> <li>• To offer a safe haven where HIV/AIDS patients and their families can come to acquire assistance, support in a non-judgmental environment.</li> </ul>
Leaders	A/Prof Lee Cheng Chuan, Senior Consultant, Head of HIV Programme Ms Jenny Ng, Executive (HIV Patient Care Centre, CDC)
Activities	A variety of services and comprehensive programmes/activities including: <ul style="list-style-type: none"> <li>• Nutrition Programme</li> <li>• Patient Support Programme: <ul style="list-style-type: none"> <li>○ AGAPE</li> <li>○ Women Support Group</li> <li>○ HIV Orientation Programme</li> <li>○ Horticulture Therapy (WEF April 2018)</li> </ul> </li> <li>• Red Ribbon Project</li> <li>• Medication &amp; Diagnostic Subsidies</li> <li>• Volunteer Training Programme (annually)</li> <li>• Volunteer Support</li> <li>• Fundraising Events</li> </ul>

## 5. Prostate Cancer Support Group (PCSG)

History	TTSH Prostate Cancer Support Group was formed in Aug 2011 to provide support, resources and education for prostate cancer survivors, their family and friends. Doctors, nurses and allied health professionals from TTSH Department of Urology offer support to the volunteer prostate cancer survivors and their family members.
Objectives	1. Provide support, resources and information on prostate cancer. 2. Encourage, befriend and share experiences among cancer survivors.
Leaders	Dr Shirley Bang, Clinician Mentor Ms Li Jing Ling, Clinic Coordinator, Department of Urology Mr Tan Tai Jong, Leader of Prostate Cancer Support Group
Activities	Monthly social and educational meeting in TTSH
Location	TTSH Meeting Room

## 6. Colon Cancer Support Group (CCSG)

History	Founded in June 2004 by Ms Dincy Lim, a passionate individual who is driven to set up a support group to reach out to patients in need.
Objectives	To offer onsite befriending services at both Clinic 2A and 2B, and to share helpful information with Colon Cancer patients. Hotline: 6357 8366 Face to Face Counselling: Clinic 2A and Clinic 2B
Leader	Ms Dincy Lim, Founder of Colon Cancer Support Group
Activities	Face-to-Face Counselling and Befriending Services
Timings	1. Face-to-Face Counselling: <ul style="list-style-type: none"> <li>• Mon (3pm - 5pm) &amp; Thur (10am – 12pm)</li> <li>• Wed (10am – 12pm) Clinic 2A</li> </ul> 2. Telephone Counselling: Mon/Tue/Thur/Fri (3pm - 5pm) 3. Social Gatherings: Every 1 <sup>st</sup> Saturday of the month (2:30pm – 6pm).
Venue:	Face-to-Face Counselling: Clinic 2A and Clinic 2B Telephone Counselling: B2 Office Social Gathering: TTSH Meeting Room

“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”

~ Leo Buscaglia ~

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**I-Volunteer at Tan Tock Seng Hospital**

Activation Office

Cheng Rui Ting ◆ Ashleigh Chua

Email: [volunteer@ttsh.com.sg](mailto:volunteer@ttsh.com.sg)

Contact No: 6357 2494