

EXPLORE HEALTHCITY NOVENA DISCOVERY TRAIL ON FOOT!

MOULMEIN ROUTE

Experience the discovery trail on foot in HealthCity Novena. This healthcare hub has more than health services to offer, bringing you on a time travel to imagine what Novena looks like through the century.



Ren Ci Community Hospital

TTSH Annex 1

LINKWAY



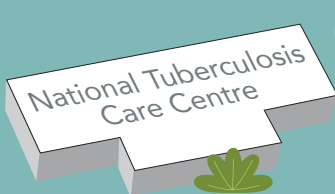
Tan Tock Seng Hospital

Medical Centre



TTSH Annex 2

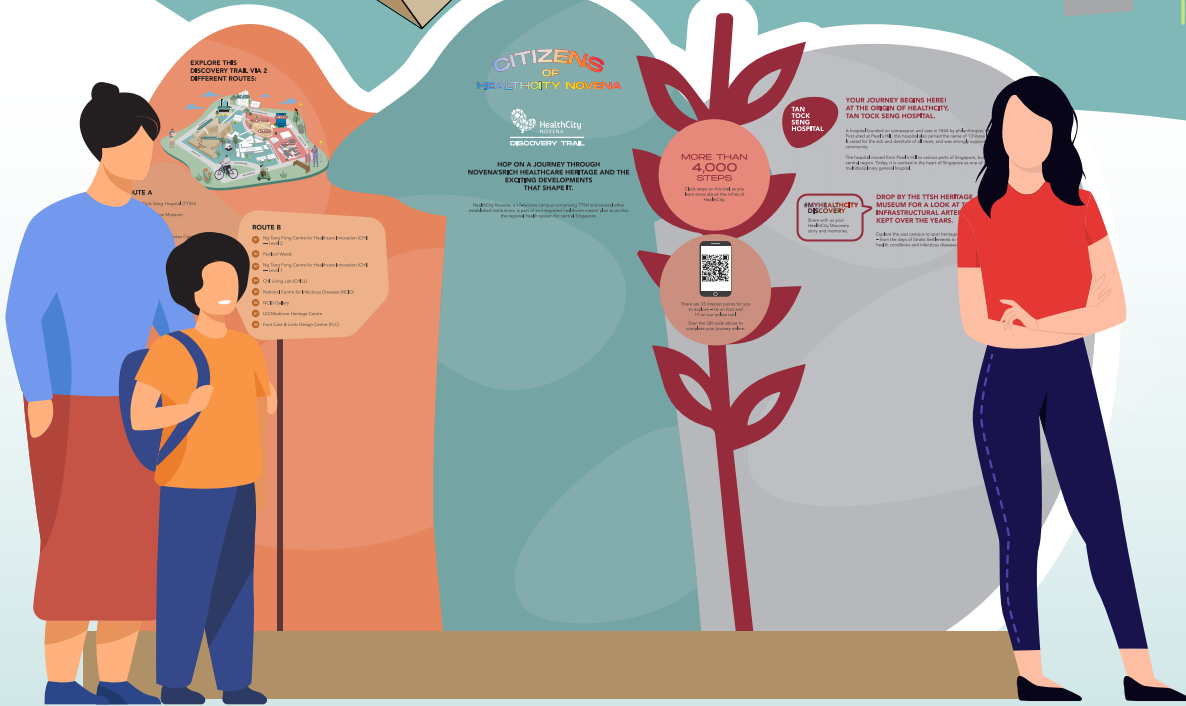
Communicable Disease Centre 2



National Tuberculosis Care Centre



Contact Clinic



2000 STEPS



30 MINS

This route is a more weather-friendly where most of the trail is sheltered. The last stop to the beautiful old dame (TBCU) is the highlight to this route.



FIRST STOP
TAN TOCK SENG HOSPITAL

TAN TOCK SENG HOSPITAL

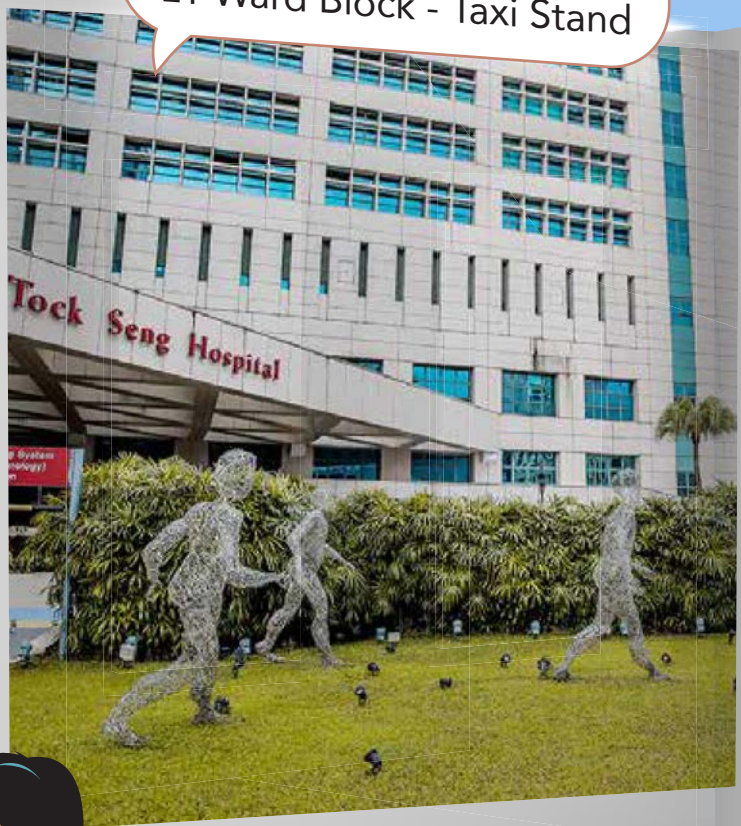
HELPFUL
TIP!

Visit the TTSH
Heritage Museum
to learn more about
the hospital's
history.

HealthCity Novena
Photo Gallery
L1 & B1 HealthCity Link



Coming Together
L1 Ward Block - Taxi Stand



SARS Tribute Wall
L1 Ward Block



TTSH Heritage Museum
L1, TTSH Medical Centre



NEXT STOP
NATIONAL NEUROSCIENCE INSTITUTE

NATIONAL NEUROSCIENCE INSTITUTE

HELPFUL
TIP!

Learn more about
common brain,
spine, nerves and
muscles conditions
here. Some tips to
prevent and
managing them.

Location:
NNI, L1 - outside
the Neuroscience
Clinic



NEXT STOP
REN CI COMMUNITY HOSPITAL

REN CI COMMUNITY HOSPITAL

HELPFUL TIP!

Visit the art wall at Ren Ci Linkway for seasonal art display and exhibition.

Location:
Ren Ci Community Hospital, L1



NEXT STOP
TTSH ANNEX 2

TTSH ANNEX 2

HELPFUL
TIP!

Check out the
oldies goldies
music playlist that
we have here for
our golden age
patients and
visitors!



SINGAPORE'S
FIRST DEPARTMENT
OF GERIATRIC
MEDICINE

Centre for
Geriatric Medicine

HealthCity
NOVITA
DISCOVERY TRAIL

MAP

Keep walking and
explore the interesting
sites on this trail.

Did you
KNOW?

Did you know that in the 1980s,
experts reported that by 2030, almost 20%*
of Singapore's population would be 65 years
old & above?

Today, it is estimated that by 2030, 1 in 4
Singaporeans or 23.8%** will be aged 65 and above.

Talked by the Ministry of Health, TTSH's Emeritus Consultant, Dr F.J. Jayaraman
set up Singapore's first Department of Geriatric Medicine here in December 1988.

In 2014, TTSH consolidated its ambulatory services in geriatric medicine to open
its Centre for Geriatric Medicine. It also set up the Institute of Geriatrics and
Active Ageing (IGAA) in 2013 to expand research and education initiatives to better
serve our rapidly ageing population.

*Report of the Committee on the Problems of the Aged 1986
**Report for Year 2022 by Government's National Population and Talent Division

Finding your happy place

Photos, memorabilia, or music can evoke happy memories in
patients with dementia. Take your loved ones on a healing trip
down memory lane with the Spotify playlist of classic tunes.

Select your
Spotify playlist

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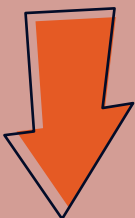


NEXT STOP
COMMUNICABLE DISEASE
CENTRE 2

COMMUNICABLE DISEASE CENTRE 2

HELPFUL TIP!

This is the last standing 6-storey ward block from the 1950s. Spot the vintage moasic tiles and window frames.



NEXT STOP
NATIONAL TUBERCULOSIS CARE CENTRE

NATIONAL TUBERCULOSIS CARE CENTRE

HELPFUL
TIPS !

Photo spot: Take a shot with the iconic heritage building as your background.

CELEBRATING OUR
BELOVED CENTENARIANS



NATIONAL
TUBERCULOSIS
CARE CENTRE

Connect with more than 100 years of history through two of its most distinguished icons.



CENTRAL TO
THE COMMUNITY



NATIONAL
TUBERCULOSIS
CARE CENTRE

This beautiful European-style building, once home to a wealthy merchant in the 1920s, was converted to the Tuberculosis Control Unit (TBCU) in 1948. TBCU (Block 144) and the adjacent Contact Clinic (Block 142) are two of the heritage buildings under the conservation scheme by Urban Redevelopment Authority (URA). By 2030, it will metamorphose into Central Park, an oasis amid the bustle of Novena. Step back in time at the new TTSH Heritage Museum, or follow an elevated walkway up alongside the treetops to unwind.



Share with us your HealthCity Discovery story and memories.

