Centre for Advanced Rehabilitation Therapeutics

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Opening Hours
Monday to Friday : 8.00am – 5.30pm
Saturday : Closed
Sunday & Public holidays : Closed

BUS & MRT SERVICES
B1 (ALONG THOMSON ROAD)
SBS : 21, 56, 57, 131, 131A, 166
SMRT : 980
B2 (ALONG THOMSON ROAD)
SBS : 5, 54, 143, 162, 162M
SMRT : 167, 851, NR 1
B3 (ALONG MOULMEIN ROAD)
SBS : 21, 124, 124A, 518, 518A
B4 (ALONG BALESTIER ROAD)
SBS : 21, 130, 131, 131A, 139, 145, 186
NS 20 (NORTH-SOUTH LINE / NOVENA MRT)

LEGEND
BUS STOP
TAXI STAND
CAR PARK
MRT
What is CART?
The Centre for Advanced Rehabilitation Therapeutics (CART) provides outpatient neurorehabilitation services. Our programmes combine medical and rehabilitative approaches which utilise innovative robotic and Virtual Reality (VR) technologies. These are designed to increase participation and interest in therapy, thereby helping you to arrive at realistic outcomes to achieve functional independence and improve quality of life.

Who will be suitable?
Our programmes are designed for patients with neurological conditions such as, and not limited to:
- Stroke
- Brain injury
- Spinal cord injury

What can you expect?
- Comprehensive rehabilitation diagnosis by a rehabilitation consultant.
- Clinical assessment and coordinated multidisciplinary management by an experienced team of rehabilitation therapists.
- Goal directed and intensive rehabilitation, utilizing state-of-the-art technologies.

Our Core Programmes
Re-ARM Programme
This programme strives to optimize affected arm recovery through intensive motor rehabilitation. Interactive robotic technologies enhance participation via real-time feedback to you.

Constraint-Induced Movement Therapy (CIMT) is an intensive individualized programme to improve the use of your weaker arm.

Armeo® robot is used to train arm movement and coordination via interactive games.

TOTAL-WALK Programme
Individualised and holistic gait training designed to improve movement & walking.

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Armeo® robot is used to train arm movement and coordination via interactive games.

Virtual Reality technologies are used to increase motivation during movement re-training.

Other Specialised Services
Visual & Spatial Rehabilitation
Functional assessment and treatment of visual field problems and eye-hand incoordination.

Comprehensive Spasticity Management
This programme evaluates and treats increased muscle tone following stroke, brain and spinal cord injury using Botulinum toxin therapy, peripheral nerve blocks and pharmacologic therapy coupled with rehabilitation.

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