



EVENTS

THROWBACK - A collection of events by CAPE's Learning Communities in the past few months ...

CAPE ALLIED HEALTH CONGRESS 2023

Recapping the noteworthy events of 2023, we proudly spotlight the success of the 2-day CAPE Allied Health Congress. Themed "Re-inventing for Population Health: Embracing Diversity & Harnessing Inclusivity," the event united around 300 delegates, featured insights from 25 speakers, presented 45 posters, and hosted 6 exhibitors. This congress exemplifies our commitment to excellence and innovation in the allied health field, standing out as a highlight among our achievements in the past year.

ALLIED HEALTH CONGRESS 2023
2 & 3 NOVEMBER

RE-INVENTING FOR POPULATION HEALTH: EMBRACING DIVERSITY & HARNESSING INCLUSIVITY

BRINGING TOGETHER USERS, PROVIDERS & PARTNERS TO ENGAGE IN A ROBUST DIALOGUE ON POINTS OF TENSION AND POSSIBILITIES FOR CO-CREATION

TRACK 1: EMERGING APPROACHES OF CARE AND CARE PARTNERS

TRACK 2: TECHNOLOGY AS A MEANS AND TO ACHIEVE POPULATION HEALTH OUTCOMES

TRACK 3: RETHINKING NEEDS ASSESSMENT AND REDEFINITION OF OUTCOME MEASURES

TRACK 4: HEALTH IS EVERYONE'S BUSINESS



CAPE INNO SPARK SERIES - COMMUNITY CARE SERIES

CAPE InnoSpark Series is a platform for Allied Health Professionals and Pharmacists to share their innovation journey's insights, learnings and challenges in a bid to spark-off innovation. Each sharing was co-designed by invited speakers in relation to CAPE's strategic innovation themes of Community Care, Workforce Transformation & Tech-enabled Care.

Less is More – Choosing Wisely to Reduce Low Value Prescribing
By Christina Tan & Deborah Chia
24 Jan 2024

Reducing low-value prescribing – Sharing the pharmacy-led deprescribing experience in NUH

In the first Community Care Series on January 24, 2024, we had Dr. Christina Tan and Ms. Deborah Chia, Principal Clinical Pharmacists from Tan Tock Seng Hospital and National University Hospital, respectively. Close to 70 healthcare and community participants joined to explore the Choosing Wisely campaign, emphasizing collaborative decision-making between clinicians and patients to reduce overtreatment and improve prescription quality. In TTSH and NUH, pharmacists play a key role in combating medication overuse through deprescribing stopping or reducing medications when the harm outweighs benefits. Christina and Deborah shared their experiences in reducing low-value prescribing in their settings. The focus was on questioning the need for every pill and exploring non-drug therapies like social prescriptions.

COMMUNITY CARE SERIES - ELDERCARE TRACK SEASON 2

CAPE Community Care Series is a platform to form communities of practice (COP) in areas of shared interests for health and social care professionals.

As we navigate the ever-changing landscape of technology in providing care across health and community settings, it is crucial to continuously explore, understand, and exchange insights on how technology can enhance our care environments. The team was delighted to host Mr. Selvaraj Babu, Senior Occupational Therapist from Society for the Physically Disabled (SPD), who discussed the Melody of Touch Programme using CRDL Equipment, and Jocelyn Lim from Dementia Singapore, who shared insights on the Use of Assistive Technology in Dementia Care. Approximately 75 participants joined the session to learn about the consideration, implementation, and evaluation of various tools to enhance dementia care.

On January 17, 2024, Ms. Karen Wee, Executive Director of Lions Befrienders, led the Eldercare Series Session 4. She shared insights into their journey in establishing a care ecosystem to connect with socially isolated seniors in different settings, emphasizing the role of technology in making such connections possible. More than 100 participants were impressed by the innovative technology showcased in the community.

Session 3: "Use of Assistive Technology in Dementia Care" & "Melody of Touch Programme for Dementia using CRDL Equipment"

Session 4: Building Ecosystems to Engage Socially Isolated Elders – The Lions Befrienders Experience

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UPCOMING

COPs by CAPE FOR OUR COMMUNITY!

Elder Care COP	06-Mar-24
InnoSpark Series -Expanding boundaries of technological rehabilitation into the community Care (Virtual)	27-Mar-24
InnoSpark Series -RingMe- A frugal innovation call bell to improve patient care (Virtual)	May 2024 (TBC)
InnoSpark Series -Locally flavoured pre-thickened beverages- from prototyping to commercialisation (Virtual)	July 2024 (TBC)

FUND CALL Jul2024

DREAMING TO FLY WITH CAPE?
Your Chance is HERE!

CAPE is looking for innovative projects which work towards building the capabilities of the future ready allied health and pharmacy professionals (AHP) with the goal of achieving health-social integration for patients when they eventually return to the community.

CAPE Fund supports proposals relating to:

- 1 Community Care
- 2 Workforce Transformation
- 3 Tech-Enabled Care
- 4 Community Outreach & Engagement

How to apply?

Step 1: Form a project group. **Cross institutions' applications are strongly encouraged.** Applicants from other institutions (Co-lead) will need to partner with an Allied Health professional or a Pharmacist from Tan Tock Seng Hospital (TTSH) (Project Lead).

Step 2: Brainstorm and come up with a project proposal.

Step 3: Complete Forms *

(1) CAPE Grant Application Form (Details to be filled in via application form, no additional proposal required)

(2) CAPE Budget Application Form (up to 20% per project)

Refer to the Applicant's checklist to plan and design your proposal and budget.

Step 4: TTSH Project Lead to seek endorsements during submission

(1) Reporting Officer (RO) / Head of Department (HOD) –

(2) Chairperson of Allied Health (TTSH) / Director of Pharmacy (TTSH)

Step 5: Submit the soft copies in both Microsoft Word, Excel & scanned PDF with the required signatories of FORM

1 & 2 to CAPE Secretariat via cape@ttsh.com.sg by **24 Aug 2024, 12pm**

(Hard copies of original forms no longer required for submission)

*Incomplete and late submissions **will not** be accepted.

COURSES by CAPE FOR OUR COMMUNITY!

Interested to take up courses to help seniors age gracefully? Community Care professionals may now sign-up for new courses by CAPE at the Centre for Healthcare Innovation (CHI) @ Tan Tock Seng Hospital.

Course Title	Course Date
Nutrition Considerations in Home Enteral Nutrition (HEN)	17 Apr 2024 (Wed)
Basic Nutrition Care	May 2024 (TBC)
Approaches to Optimise Nutrition Care for Adults in Intermediate and Long Term Care (ILTC) Facilities (Intermediate)	June 2024 (TBC)
Nutrition Management for Chronic Diseases	9 & 16 July 2024 (Tues)
Basic Nutrition Care	Sept 2024 (TBC)
Nutrition Management for Chronic Diseases	5 & 12 Nov 2024 (Tues)
Approaches to Optimise Nutrition Care for Adults in Intermediate and Long Term Care (ILTC) Facilities (Intermediate)	Nov 2024 (TBC)



For more information on courses, simply scan the QR code (right) to access the Learning Management System (LMS) and filter to "Tan Tock Seng Hospital (TTSH)" as the Learning Institute of your choice to find out more about the courses offered.

Do join our network and keep a look-out for our upcoming events!

Presented by

