



EVENTS

THROWBACK - A collection of events by CAPE's Learning Communities in the past few months ...

CAPE INNOSPARK SERIES – WORKFORCE TRANSFORMATION SERIES

Therapy Support Staff Development Programme (TSSDP) - at Jurong Health Campus (JHC) : Our Journey since 2013

CAPE InnoSpark Series is a platform for Allied Health Professionals and Pharmacists to share their innovation journeys' insights, learnings and challenges in bid of sparking off innovation. Each sharing was co-designed by invited speakers in relation to CAPE's strategic innovation themes Community Care, Workforce Transformation & Tech-enabled Care.

In the first wave of Workforce Transformation Series held on 27 Sept 2022, Mr Abdul Rashid Jailani and Mr Arnold Hu from Jurong Health Campus Allied Health team shared generously with over 80 healthcare & community participants on their experiences and challenges faced by their Therapy Support Staff Development Programme (TSSDP). Through the team's initiatives in job redesign and support roles expansion in therapy services, they showed how therapists' time may also be divested and allocated to additional clinical tasks that require more complex analysis and problem solving via Workforce Transformation efforts

Therapy Associate Programme (TAP) 2013 & 2014

Curriculum & Programme Development: Programme I & II

Clinical skills competency training and assessment

Support Programme I

Support Programme II

Foundation Programme

Curriculum & Programme Development: Foundation Programme

Module Planning

| Module | Theory | Practical | Clinical | TOTAL |
|--------------------|-----------|-----------------|-----------------|------------------|
| 1 | 2 hours | 4 hours | 16 hours | |
| Programme I | 12 | 24 hours | 48 hours | 192 hours |

| Module | Theory | Practical | Clinical | TOTAL |
|---------------------|-----------|-----------------|-----------------|------------------|
| 1 | 2 hours | 4 hours | 16 hours | |
| Programme II | 24 | 48 hours | 96 hours | 384 hours |

Total 792 hours



Community-based Audiology Clinics

Shared vision with other clusters

Beyond Hospital Wall
Building healthy and engaged population

- Target population:** well & frail population, their NOK & caregivers who need help in their hearing health and hearing aids
- Aim to:**
 - increase accessibility to hearing care
 - empower residents to take care of their hearing
- Community Audiology Team**
 - Community Audiologist
 - Community Audio Technicians
 - Coordinators

Transformation of Hearing Care Service in Singapore - NUHS Experience

In subsequent CAPE InnoSpark - Workforce Transformation Series held on 14 November 2022, Dr Jenny Loo, Chief Audiologist from National University Hospital (NUH), shared with over 50 healthcare & community participants on her ups and downs in NUH's Audiology journey. As one of the biggest Audiology teams in Singapore, she shared the transformation work of hearing care service from conceptualisation of the Mobile Hearing Clinic (MHC) to the expansion of the community Audiology Service with the Satellite Hearing Clinic in 2015.

Via the NUH team's transformative efforts to move hearing care beyond the hospital walls, they have transformed the landscape of Audiology Service from a referral-based system to a Screening (hearing) protocol structure. They have also successfully moved their services to be based within the Community. Kudos to their transformation efforts!

CAPE's Learning Community InnoSpark Series focuses on Community Care, Workforce Transformation and Technology-Enabled Care as its innovative tracks. Do join our network and keep a look-out for our upcoming events!

CAPE FUND - Project Story

Pre-pilot Community Based Rehab Program for Total Knee Replacement (TKR) patients

Total Knee Replacement (TKR) is the gold standard for managing pain, restoring function and improving quality of life for patients with severe knee osteoarthritis. The number of TKRs performed globally is steadily increasing. This is similarly seen in Singapore.

Being an elective surgery, most TKR patients are generally mobile pre-morbidly and can recover well post-operatively. Carrying out rehabilitation in acute tertiary hospital is not cost effective and uses up precious resources. Given the relatively homogenous patient profile, most can be rehabilitated via a protocolised center-based rehabilitation in the community.

TTSH co-developed a new shared care model named **WALKINC - Well and Active Living after Knee-replacement IN Community** with community partners such as Renci, SPD, NTUC Health & others, with the below key strategies:

- (1) Structured training framework
- (2) Fast Track referral pathway
- (3) Escalation pathway
- (4) Harmonised rehabilitation program, discharge criteria & outcome measures

This care model is to ensure seamless transition from acute to community and to concurrently maintain a high standard of rehabilitation care.

“ It has been a fulfilling journey as we **harmonise our care framework and integrate care** with our Community Partners for patients. ”

Mr Ashton Neoh,
Principal Physiotherapist

During the pre-pilot phase, TKR patients (n=26) who underwent 5 WALKINC sessions in 3 months improved significantly in terms of pain, range of motion, strength and function. Majority of patients were satisfied with the WALKINC program. Till date, the team has engaged 12 TKR champions located at 13 centres from 5 community partners and referred 80 TKR patients to community rehabilitation centres.

The future goal is to right site at least 25% of TKR cases from TTSH to community rehab centres, in order to ensure sustainable, affordable and accessible rehabilitation services for the TKR population.



Our Partnering Community physiotherapist guiding a patient to perform leg strengthening exercises. The project goal is to right site 25% of TKR cases from TTSH

UPCOMING

COURSES by CAPE FOR OUR COMMUNITY!

Interested to take up courses to help seniors age gracefully? Community Care professionals may now sign-up for new courses by CAPE at the Centre for Healthcare Innovation (CHI) @ Tan Tock Seng Hospital.

| DATE | COURSE |
|---------------------------|-------------------------------------------------------------------------------------------------------|
| 28 Feb 2023 / 17 Aug 2023 | Nutrition Considerations in Home Enteral Nutrition (HEN) |
| 22 Mar 2023 / 23 Aug 2023 | Speech Therapy in the Community: What can You do? |
| 13 & 14 Apr 2023 | Rehabilitation for Older Adults |
| 18 & 25 Apr 2023 | Prevention and Management of Malnutrition in the Community |
| 2 Jun 2023 | Approaches to optimise Nutrition Care for Adults in Intermediate and Long term Care (ILTC) Facilities |
| 1 Sept 2023 | Basic Nutrition |



Register Now
<https://lms.wizlearn.com/AIC>

For more information on courses, simply scan the QR code (right) to access the Learning Management System (LMS) and filter to "Tan Tock Seng Hospital (TTSH)" as the Learning Institute of your choice to find out more about the courses offered.

CAPE Allied Health Congress 2023

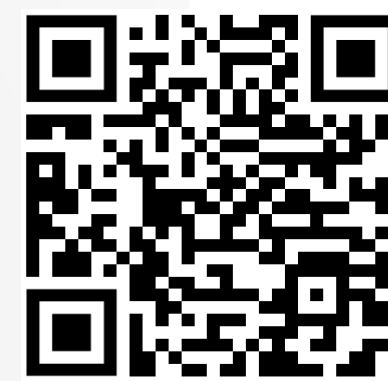
RE-INVENTING FOR POPULATION HEALTH:
EMBRACING DIVERSITY & HARNESSING INCLUSIVITY

SAVE-THE DATE : 2-3 Nov 2023 ○ Physical Event



ABSTRACTS

We welcome submissions from all professionals across all settings from Healthcare institutions, Community Care organisations, Industry and Academia. We also welcome submissions from Allied Health & Pharmacy Students. Encore abstracts are accepted too. The top 3 abstracts will be invited to participate in the oral presentation competition during the Congress and will be awarded cash prizes and certificates.



IDEAS PIT

SUBMISSION DATE : 15 MAY 2023

For more details on submission, please scan the QR Codes above for the respective categories

The Centre for Allied Health and Pharmacy Excellence (CAPE) was launched in May 2019 to spur strategic transformation of the Allied Health and Pharmacy Professionals through innovation, thought leadership development and training integration with partners across health and community sectors. CAPE provides an exciting platform for allied health professionals and pharmacists to drive innovation and training in health-social care integration so as to optimise independence and quality of life for our population. Through CAPE, we hope to collaborate, co-learn and co-create with partners across health-social sectors in the 3 identified key areas of community, trans-disciplinary and tech-enabled care. We also hope to build thought leadership and continuously innovate our roles and care models as future-ready Allied Health & Pharmacy professionals.

Presented by

