

7 Consequences of Hearing Loss



Lower Academic or Career Achievement

Difficulty in hearing and understanding speech could affect a person's ability to learn and carry out tasks. This could also affect their overall productivity and performance in school or at work.

Tiredness and Fatigue

Putting in more listening effort to understand speech could lead to exhaustion.

Safety and Fall Risk

Hearing loss will greatly affect a person's safety if warning sounds cannot be heard (e.g. traffic alert sounds, fire alarm, kettle whistling). The lack of spatial awareness of the surroundings could also increase the risk of falling.



Missing Environmental Sounds

People with hearing loss may miss out on environmental sounds (e.g. bird chirping, water dripping or their grandchild's first word).

If you or your loved ones are experiencing hearing loss/difficulty, please seek advice from your doctor or an Audiologist.

Social Isolation

People with hearing loss may avoid participating in activities and interactions. This may negatively impact their social life and relationships with others.

Depression

About one-third of people with hearing loss may experience depression. They may also suffer emotional distress and anxiety.

Cognition Decline and Dementia

Hearing loss is a proven modifiable risk factor of dementia before it sets in.



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