

# Communication Strategies for Better Hearing



## Optimum Position

- Face the listener directly when speaking
- Speak at a close distance, ideally within 1.5 metres
- Avoid talking to the listener from another room or while passing by

## Speak Clearly

- Speak up but do not shout
- Speak at a slower pace without exaggeration
- Pause in between sentences to give the listener time to process and understand your speech

## Speak Simply

- Use simple words and shorter sentences
- Rephrase if necessary



## Conducive Environment

- If background noise is present, relocate to a quieter environment or turn down the source of competing noise if possible

## Draw Attention

- Grab the listener's attention by calling out their name or tapping them gently on the shoulder before speaking
- This minimises the chances of them missing out the beginning of your sentence

## Non-Verbal Communication

- Use hand gestures, facial expressions and body language to provide the listener with visual clues
- Support your speech by writing, texting or using speech-to-text mobile applications



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