

Departments of **OCCUPATIONAL THERAPY, PHYSIOTHERAPY AND REHABILITATION**

Transfer Using a Hoist



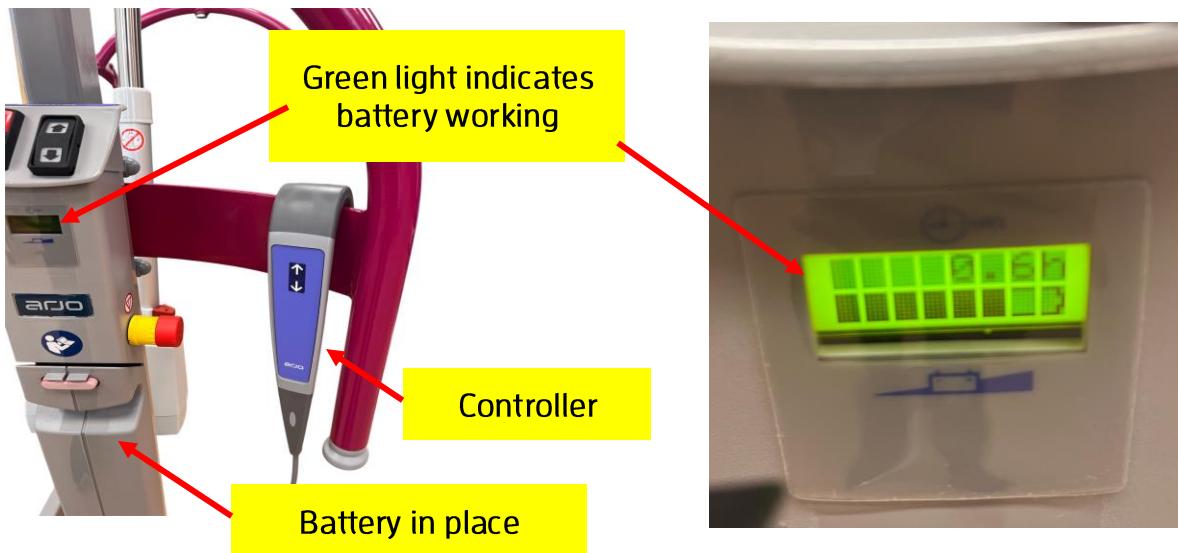
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Transfer Using a Hoist – Bed to Chair

Preparing for Your Loved One's Transfer

1. Ensure battery pack is in place and working.
2. Check that the hoist remote control is working.



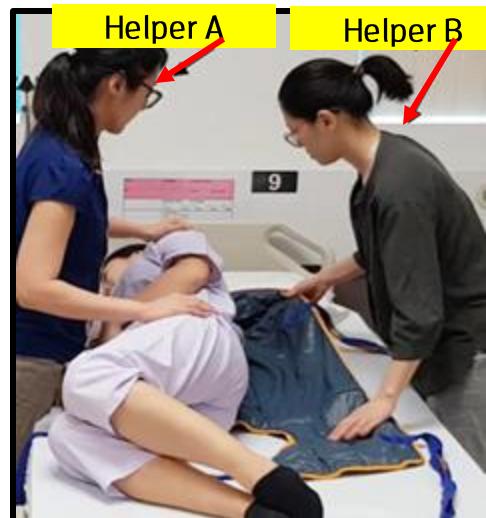
3. Place chair/ wheelchair/ commode nearby the hoist side.
4. Apply brakes on the chair/ wheelchair/ commode.



Perform the Transfer – Place the Hoist Sling under Your Loved One



1. Helpers A and B: Stand on opposite sides of the bed. Adjust the bed height to your hip level. Lower bed rail. Stay with your loved one at all times.
2. Helper B: Roll your loved one towards you.
3. Helper A: Insert half the sling underneath your loved one. Align the shoulder seams with your loved one's shoulders. Ensure that the handle loops are facing out.

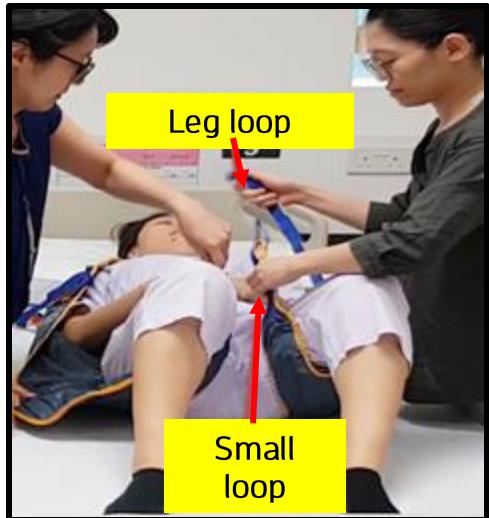


1. Helper A: Roll your loved one to the other side.
2. Helper B: Unfold the sling from underneath your loved one.



1. Place your loved one facing up, ensure that your loved one's body is in the middle of the sling.

Perform the Transfer – Place the Hoist Sling under Your Loved One



- I. Bend your loved one's knee and insert both the 'legs' of the sling under the thighs.
2. Draw up the two 'legs' of the sling from between your loved one's thigh area.
3. Thread one 'leg loop' of the sling through the small loop located at the base of the other 'leg loop'.



- I. Check that both 'leg loops' are even in length.

Perform the Transfer – Hook the Sling onto the Hoist



1. Fold your loved one's arms across his/her abdomen.
2. Bring the hoist to your loved one's bedside. DO NOT lock the hoist.
3. Position the boom at your loved one's chest level.



1. Attach the two top loops of the sling onto the hook. Ensure the loops are the same colour.
2. Attach the two bottom loops of the sling to the hook. Ensure the loops are the same colour.

**The top loops can be of different colour from the bottom loops.*

Perform the Transfer – Hoist Your Loved One to the Chair/Wheelchair/Commode

Helper A

Helper B



1. Helper A: Hoist your loved one until their buttocks are no longer touching the bed. Support your loved one's neck and ensure that your loved one's head does not hit the boom.
2. Helper B: Adjust the 'legs' of the sling under your loved one's thighs. Ensure no wrinkling of the sling.

Helper A

Spine of hoist

Helper B



1. Helper A: Move the hoist away from the bed.
2. Helper B: Lower your loved one's legs, ensuring the heels do not drag on the bed.

Helper B

Helper A



1. Helper B: Turn your loved one to face the 'spine' of the hoist.

Perform the Transfer – Hoist Your Loved One to the Chair/Wheelchair/Commode



1. Move the hoist towards the chair/ wheelchair/ commode.
2. Helper A: Control the hoist,
Helper B: Support your loved one.
3. Lower the boom. DO NOT lock the hoist.
4. Helper B: Position your loved one over the chair/ wheelchair/ commode. Spread the legs of the hoist as necessary.
5. Helper A: Assist helper B in positioning your loved one.

Perform the Transfer – Unhook Sling from Hoist and Remove Sling from Your Loved One



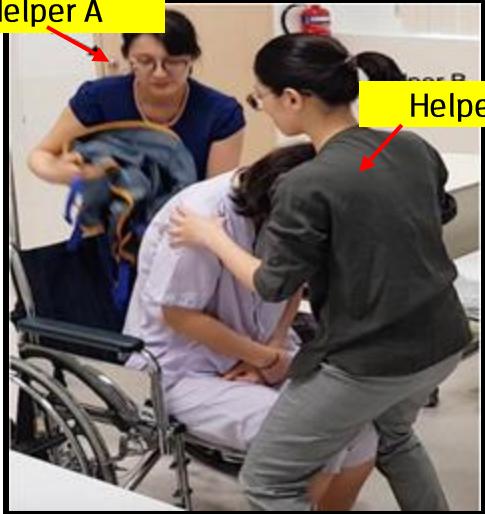
- I. When your loved one is comfortably seated on the chair/ wheelchair/ commode, lower the boom until it reaches your loved one's chest level.



- I. Ensure that the boom does not hit your loved one's head as it lowers.
2. Remove the 'loops' of the sling from the 'hooks' of the hoist. Move the hoist aside.
3. Remove the 'legs' of the sling by lifting your loved one's thigh one at a time.

Perform the Transfer – Unhook Sling from Hoist and Remove Sling from Your Loved One

Helper A

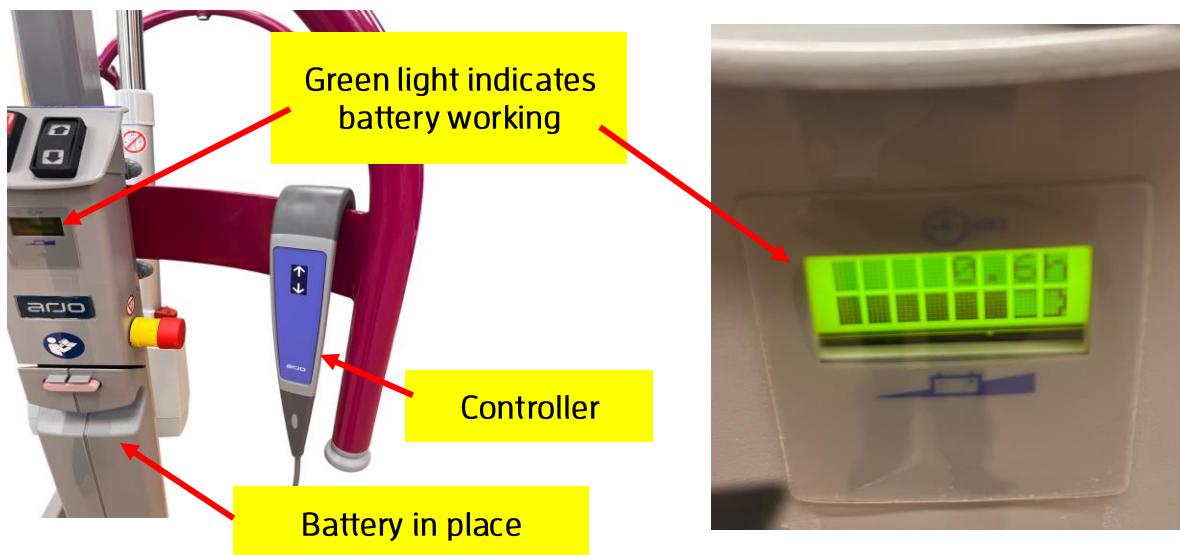


1. Helper B: Stand in front of your loved one. Lean your loved one forward.
2. Helper A: Remove the sling from behind your loved one.
3. Helper B: Lean your loved one back into the wheelchair.

Transfer Using a Hoist – Chair to Bed

Preparing for Your Loved One's Transfer

1. Ensure battery pack is in place and working.
2. Check that the hoist remote control is working.



3. Place chair/ wheelchair/ commode nearby the hoist side.
4. Apply brakes on the chair/ wheelchair/ commode.



Perform the Transfer – Place the Hoist Sling under Your Loved One

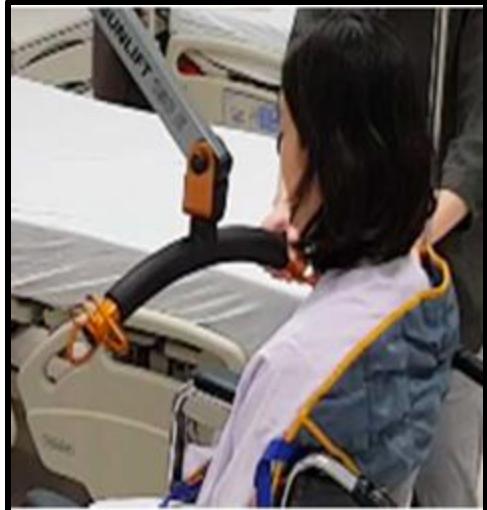


1. Helper B: Stand in front of your loved one. Lean your loved one forward.
2. Helper A: Place the sling in between your loved one and the backrest. Ensure that the 'handle loops' are on the outside
3. Lean your loved one back into the chair/ wheelchair/ commode.



1. Draw up the two 'legs' of the sling from between your loved one's thigh area.
2. Thread one 'leg loop' of the sling through the small loop located at the base of the other 'leg loop'. Repeat for the other leg.
3. Check that both 'leg loops' are equal length.

Perform the Transfer – Hook the Sling onto the Hoist



1. Fold your loved one's arms across his/her chest.
2. Position the hoist in front of your loved one, spreading the hoist's legs, as necessary.
3. Lower the boom to your loved one's chest level.
4. Attach the two top loops of the sling onto the hook. Ensure the loops are the same colour.
5. Attach the two bottom loops of the sling to the hook. Ensure the loops are the same colour.

**The top loops can be of different colour from the bottom loops.*

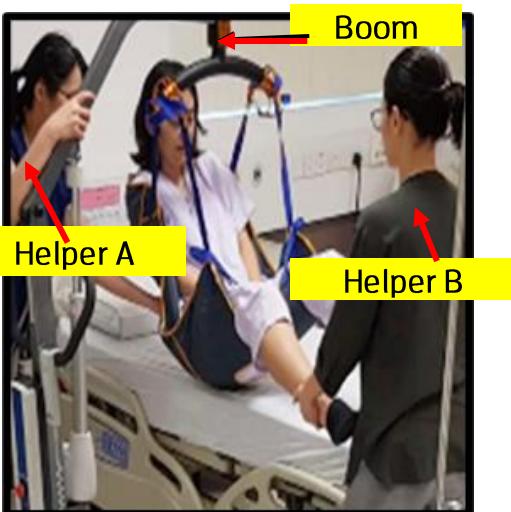
Perform the Transfer – Hoist Your Loved One to the Bed



1. Helper A and B: Hoist your loved one up until their buttocks are no longer touching the chair/ wheelchair/ commode. Ensure that your loved one's head does not hit the boom.
2. Adjust the "legs" of the sling under your loved one's thighs to ensure no wrinkling.
3. Move the hoist towards the bed.
4. Helper A: Control the hoist,
Helper B: Support your loved one.

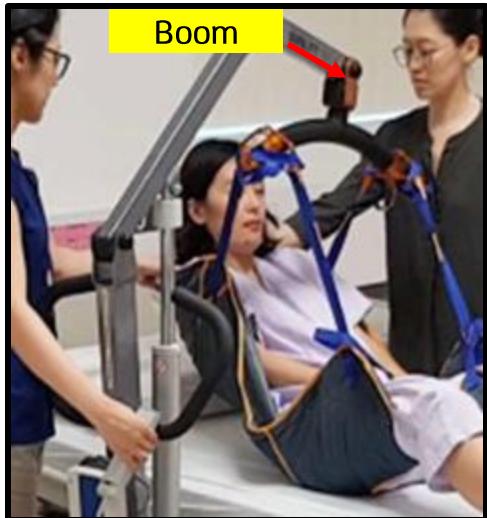


1. Helper A: Position the hoist perpendicular (90 degrees) to the bed.
2. Raise the boom until your loved one's buttocks are no longer touching the bed.
3. Helper B: Turn your loved one so that he/she is parallel to the bed.



1. Helper B: Lift your loved one's legs onto the bed. DO NOT drag the heels.

Perform the Transfer – Hoist Your Loved One to the Bed



1. Helper A: Assist Helper B in positioning your loved one properly onto the bed.
2. Helper A and B should stand on opposite sides of the bed.
3. Lower the boom at an appropriate speed until your loved one is comfortably positioned on the bed.

Perform the Transfer – Unhook Sling from Hoist and Remove Sling from Your Loved One



- I. Lower the boom to your loved one's chest level.
Unhook the loops from the hoist



- I. Move the hoist away from the bed.
2. Helper B: Roll your loved one towards you.
Helper A: Slip the sling underneath your loved one.



- I. Helper A: Roll your loved one towards you. Helper B: Remove the sling.
2. Place your loved one facing up. Reposition your loved one comfortably in bed.

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