

Department of
NURSING

Wedge Resection of Nail



What Should You do After You Have Undergone a Wedge Resection of Nail?

These instructions provide general information and advice on what you should do after you have been discharged.

Please note that these guidelines are not exhaustive and taking these precautions may help to reduce risks and complications after your surgery.

Do You Need to be on a Special Diet?

There are no restrictions to your diet and you may continue to eat as per normal.

How Should You Take Care of Your Wound?

Dos	Don'ts
<ul style="list-style-type: none">• Keep your wound clean, dry and covered• Elevate your foot if bleeding occurs• Lie in a comfortable position and avoid pressure on the operated area• Take your medication as prescribed for pain relief	<ul style="list-style-type: none">• Drive a vehicle or operate any heavy machinery or tools within 24 hours after your surgery• Walk unnecessarily and be mindful of your surrounding 4 to 6 days after your surgery

When Should You Seek Medical Attention?

- If the pain you are experiencing is not relieved after taking pain killers
- There is excessive bleeding (Note: Apply pressure to the wound and seek immediate medical attention from your family doctor or polyclinic)

Where can You get Help?

You can call 68894055/68894079 during office hours if you experience excessive bleeding.

Office hours:

Monday - Friday: 8.00am – 5.00pm

Saturday: 8.00am – 12.00pm

Sunday & Public Holiday: Closed

After office hours, you are advised to seek treatment at the Accident & Emergency Department or go to your nearby Polyclinic or family doctor