PRE-EXPOSURE PROPHYLAXIS (PrEP)

What is PrEP?

Human Immunodeficiency Virus (HIV) Pre-Exposure Prophylaxis, or PrEP, is an oral medication (in the form of pills) that can prevent an HIV infection. If you have a high risk of acquiring HIV, you may be prescribed to take PrEP.

How Effective is PrEP?

PrEP is highly effective (up to 96% effectiveness) when taken regularly as advised by your doctor. Your risk of contracting HIV can be further reduced when you take PrEP together with other prevention methods, such as the correct and consistent use of condoms.

Is PrEP Safe?

PrEP has been shown to be very safe with few side effects. You may experience some side effects like nausea, but these are usually not serious and will go away with time.

Should I Take PrEP?

You should take PrEP if you are an adult NOT infected with HIV, and:

- Have a HIV-positive partner who is not on HIV treatment and has a detectable HIV viral load (large amount of HIV particles in their body)
- Had a Sexually Transmitted Infection (STI) recently
- At high risk of an HIV infection





