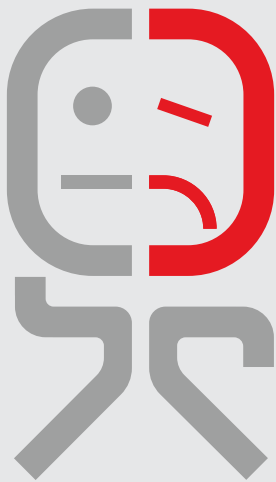


# To spot a Stroke, think F.A.S.T

## WHY SHOULD I KNOW THIS?

Once you have had a stroke, your risk of another stroke is higher than the rest of the population. You may witness a stroke in a family member, friend or a stranger. Time is of the essence in treating a stroke. Learn to spot its warning signs and know what actions to take.

## Think F.A.S.T



### **F**ace drooping

Is the person's smile uneven?



### **A**rm weakness

Can the person raise both arms and keep them up?



### **S**peech difficulty

Does the person's speech sound slurred or unclear?



### **T**ime to call 995

If the person shows any of these signs, they need to be rushed to the hospital immediately.