

快速辨别中风，请谨记 F.A.S.T.

了解的必要性

一旦中风，再次中风的概率就会高于一般人。您可能会遇到家人，朋友，或陌生人发生中风的情况。

发生中风时，尽早治疗至关重要。学习如何辨别中风的前兆，并且了解应采取的措施。

请谨记F.A.S.T.

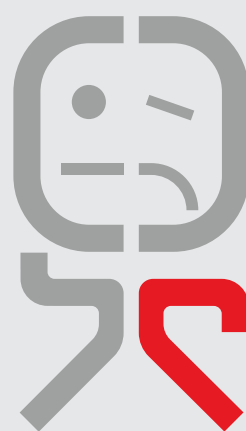


Face drooping

Is the person's smile uneven?

脸部下垂

微笑时脸部两边是否不对称?

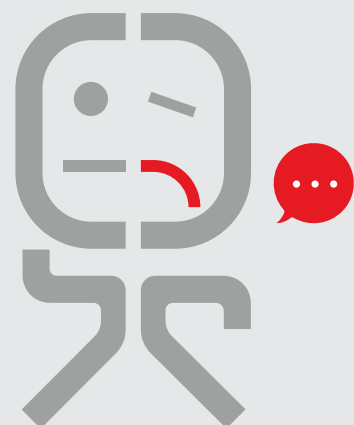


Arm weakness

Can the person raise both arms and keep them up?

手臂无力

能否举起双臂并维持平举状态?



Speech difficulty

Does the person's speech sound slurred or unclear?

发音困难

说话是否口齿不清或怪异?



Time to call 995

If the person shows any of these signs, they need to be rushed to the hospital immediately.

即时拨打995

如果发现上述任何状态，请立即送院就医。