

Live life at ease with Health Enrichment Centre (HEC). We value your health most.

### Three-High : High Blood Pressure, Diabetes, High Cholesterol \$530

Singapore has a high diabetes rate. Associated conditions are hypertension and high cholesterol. Unfortunately many people either remain unaware of their conditions or these conditions may not be well controlled. The most common complications of diabetes are kidney failure, blindness, limb amputations, heart attacks and strokes. This package screens for these common complications including a retinal eye photograph.



## High Blood Pressure, Diabetes, High Cholesterol includes:

### Biometric Parameters

- Height & Weight
- Body Mass Index
- Waist Circumference
- Blood Pressure

### Laboratory Investigations

- Glucose Screen
- Cholesterol Screen
- Kidney Function Panel
- Urine Microalbumin

### Other Investigations

- Electrocardiogram (ECG)
- Diabetic Retinal Photo
- Chest X ray
- Choose 1 of the following
- Treadmill Stress Test or
- CT Calcium score

#### Terms and conditions:

- Medical advice and recommendation will be delivered based on case findings, clinical investigations, medical history and personal profile.
- The health screening doctor reserves all rights to amend/remove any health screening component should the doctor deem the health screener unsuitable to conduct the health screening test, based on clinical judgment.
- All investigations included in the health screening programme are strictly non-exchangeable, non-refundable and have no redeemable cash value. The health screener will forfeit any of the investigations should he/she choose not to use the service during the health screening.
- All prices listed are subject to prevailing GST and change without prior notice.

### Doctor's Examination

- Complete History Taking
- Complete Physical Examination
- Auroscopy
- Counselling
- Rectal Examination (Optional)
- Breast Examination (For Ladies)

### Medical Report & Review

#### HEALTH ENRICHMENT CENTRE

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