

How do I Store Eye Drops?

- For eye drops that DO NOT require refrigeration: Store in a cool, dry place away from heat, moisture and direct sunlight.
- For eye drops that require refrigeration: Store in a refrigerator between 2 – 8°C. Do not freeze.
- Do check with your doctor or pharmacist on how long the eye drops can be used for after it has been opened.

If you develop rashes, facial swelling or shortness of breath after taking the medication, you could be allergic to the medication. Please seek medical attention immediately.

Where can I Find Videos to Learn How to Administer Eye Drops?

For more information on eye drops, visit

English Video



<https://youtu.be/A442Jq76Omk>

Mandarin Video



https://youtu.be/kV_nAo5lrmo

If you have any problem with your treatment, please contact your doctor, pharmacist or nurse clinician.

Please keep all medications out of reach of children.

PHARMACY

Drug Information

Eye Drops



What are Eye Drops used for?

- Eye drops may be prescribed for a variety of conditions such as dry eyes, glaucoma, cataract, infections and allergies.

How are Eye Drops Administered / Taken?

1. Wash your hands with soap and water before you apply the eye drops.
2. If necessary, shake the bottle before using the eye drops.
3. Tilt your head backwards and look up.
4. Using your index finger, gently pull down the lower eyelid to form a pocket.
5. Apply one drop into the pocket. Avoid touching the bottle tip to any part of the eye or eye lashes to prevent contamination.



6. Gently close the eye and place your finger on the inner corner of your eye for one minute. This is to prevent the eye drops from entering the tear ducts.



7. Do not blink or squeeze your eyes.
8. Wipe off any excess eye drops around the eyes with a clean tissue.



Can Eye Drops, Eye Gels and Eye Ointments be Administered / Taken Together?

- Use eye preparations in the following order: eye solutions, eye suspensions, eye gels, eye ointments.
- Depending on the type of eye preparations used, it is recommended for you to wait for a period of time before using the next product. This allows some time for the medicine to work. The table below details how long to wait after using each preparation type:

Types of Eye Preparation	Order of use	Duration to wait for after use
Eye Solution	1	5 min
Eye Suspension	2	10 min
Eye Gel	3	15 min
Eye Ointment	4	20 min

- For example, if you are using all 4 types of preparations, you may use eye solution first and wait for 5 minutes, followed by eye suspension and wait for 10 minutes, then eye gel and wait for 15 minutes, then use eye ointment last.