

# Sucralfate

Medication Information Leaflet

## What is this medication for?

The medication is used for the treatment and prevention of ulcers in the gastrointestinal tract.

## How should I take/use this medication?

- Do not stop taking your medication without checking with your healthcare professional.
- This medication should be taken half to one hour before food.

## What should I do if I forget to take/use this medication?

If you forget to take a dose, take it as soon as you remember. Then take your next dose at the usual time. Do not take two doses to make up for the missed dose.

## What precautions should I take?

Inform your healthcare professional if:

- You are allergic to this medication or any of the other ingredients of this medication.
- You are pregnant, planning to become pregnant or breastfeeding.
- You are taking any other medications, including supplements, traditional medications and herbal remedies.

## What are some common side-effects of this medication?

The most common side effect associated with sucralfate is constipation. Other side effects include dry mouth and nausea. If persistent, or if these effects cause significant discomfort, please consult your healthcare professional.

## What are some rare but serious side-effects that I need to seek medical advice immediately?

The symptoms of a drug allergy include one or more of the following:

- Swollen face/eyes/lips/tongue
- Difficulty in breathing

- Itchy skin rashes over your whole body

If you experience any of these symptoms, you should stop your medication and see your healthcare professional immediately.

## **What food or medication should I avoid when I take this medication?**

This drug commonly affects the effect of other drugs administered at the same time. Space at least 2 hours apart from other medications. Inform your healthcare professional if you are taking other medications. This includes but is not limited to some medications for the treatment of brittle bones (*e.g.* alendronate/risedronate), certain heart medications, medications for the treatment of human immunodeficiency virus (HIV) and warfarin. In some cases, this can be overcome by separating administration of these medications by an appropriate time interval. Seek the advice of your healthcare professional where applicable.

## **How should I store this medication?**

Store in a cool and dry place, away from direct sunlight. Keep this medication away from children.

## **How should I throw away this medication safely?**

Pack this medication into a black trash bag and seal it tightly before throwing into the rubbish chute or bin.

## **Disclaimers**

If you take more than the recommended dose, please seek medical advice immediately. The information provided on this page does not replace information from your healthcare professional. Please consult your healthcare professional for more information.

*This article is jointly developed by members of the National Medication Information workgroup. The workgroup consists of cluster partners (National Healthcare Group, National University Health System and SingHealth), community pharmacies (Guardian, Unity and Watsons) and Pharmaceutical Society of Singapore.*

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