

# Trimetazidine

Medication Information Leaflet



## What is this medication for?

Trimetazidine belongs to the class of medications called fatty acid oxidation inhibitors. It is used to prevent and treat the symptoms of angina (chest pain). Angina is caused by lack of blood supply and oxygen to your heart. Trimetazidine helps to maintain the energy metabolism of heart muscle cells, protecting them from the effects of reduced oxygen supply.

When you take this medication regularly on a long term basis, it can help treat angina by reducing the number of times you get angina.

## How should I take/use this medication?

- Do not stop taking your medication without checking with your healthcare professional. If you stop taking your medication, you may experience a worsening of your condition.
- This medicine should be taken with or after food.

## What should I do if I forget to take/use this medication?

If you forget to take a dose, take it as soon as you remember. If it is almost time for your next dose, skip the missed dose. Then take your next dose at the usual time. Do not take two doses to make up for the missed dose.

## What precautions should I take?

Inform your healthcare professional if:

- You are allergic to this medication or any of the other ingredients of this medication.
- You are pregnant, planning to become pregnant, or breastfeeding.
- You are taking any other medications, including supplements, traditional medications and herbal remedies.
- You have kidney problems.

- You have Parkinson's disease, tremors, restless leg syndrome or other related movement disorders.

## **What are some common side-effects of this medication?**

- Nausea, vomiting
- Abdominal pain, indigestion
- Diarrhoea
- Dizziness
- Headache
- Feeling weak
- Rashes

Inform your healthcare professional if these side-effects do not go away and are affecting your daily life.

## **What are some rare but serious side-effects that I need to seek medical advice immediately?**

Very rarely, trimetazidine may cause movement disturbances. These symptoms may include one or more of the following:

- Trembling
- Unsteady gait
- Uncontrolled body movement

The symptoms of a drug allergy include one or more of the following:

- Swollen face/eyes/lips/tongue
- Difficulty in breathing
- Itchy skin rashes over your whole body

If you experience any of these symptoms, you should stop your medication and see your healthcare professional immediately.

## **How should I store this medication?**

Store in a cool and dry place, away from direct sunlight. Keep this medication away from children.

Throw away all expired medications.

## **How should I throw away this medication safely?**

Pack this medication into a black trash bag and seal it tightly before throwing into the rubbish chute or bin.

## **Disclaimers**

If you take more than the recommended dose, please seek medical advice immediately. The information provided on this page does not replace information from your healthcare professional. Please consult your healthcare professional for more information.

*This article is jointly developed by members of the National Medication Information workgroup. The workgroup consists of cluster partners (National Healthcare Group, National University Health System and SingHealth), community pharmacies (Guardian, Unity and Watsons) and Pharmaceutical Society of Singapore.*

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