

# Vildagliptin

Medication Information Leaflet

## What is this medication for?

It is used to control diabetes and helps to bring your blood sugar levels down.

## How should I take/use this medication?

This medicine is taken once a day, with or without food.

## What should I do if I forget to take/use this medication?

If you miss a dose, take the missed dose as soon as you remember. Remember to take it with food. If it is almost time for your next dose, take only the usual dose. Do not double your dose or use extra medication to make up for the missed dose.

## What precautions should I take?

Inform your doctor if

- you are allergic to this medication or any of the other ingredients of this medication.
- you are pregnant, planning to become pregnant, or breastfeeding
- you have or had any pancreas problem such as pancreatitis (inflammation of the pancreas)
- you have gallstones, drink alcohol very often or have very high levels of triglycerides (a type of cholesterol) in your blood. These medical conditions can increase your chances of getting pancreatitis.
- you have any kidney or liver problems

If you need to do fasting blood tests, do not take your medication until your blood has been taken and you have eaten.

## What are some side-effects that I need to seek medical advice immediately?

Pancreatitis is a rare but serious side effect of this medicine. You should stop taking this medication and check with your doctor immediately if you experience:

- Severe pain in the stomach, abdomen or back area
- Nausea or vomiting that does not go away

## What are some other side-effects of this medication?

Other side effects include dizziness, headache and constipation (difficulties in passing stools).

Very rarely, some patients may experience swollen hands, ankles or feet swelling and joint pain.

These side effects should get better over time. Check with your doctor if any of these side effects are serious or do not go away.

## What food or medication should I avoid when I take this medication?

Avoid taking alcohol with this medication.

## How should I store this medication?

Store in a cool and dry place, away from direct sunlight. Keep this medication away from children.

## How should I dispose of this medication safely?

Pack this medicine into a black trash bag and seal it tightly before throwing into the rubbish chute or bin.

### Disclaimers

If you take more than the recommended dose, please seek medical advice immediately. The information provided on this page does not replace information from your healthcare professional. Please consult your healthcare professional for more information.

*This article is jointly developed by members of the National Medication Information workgroup. The workgroup consists of cluster partners (National Healthcare Group, National University Health System and SingHealth), community pharmacies (Guardian, Unity and Watsons) and Pharmaceutical Society of Singapore.*

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