

Hand Occupational Therapy TELEHEALTH SERVICES

WHAT YOU NEED TO KNOW

HOW DO I KNOW IF I AM ELIGIBLE?

Hand Occupational Therapy Telehealth sessions may be offered for your follow-up visits. You may be suitable if your upper limb condition(s)* is stable and do not require in-clinic assessments and interventions.



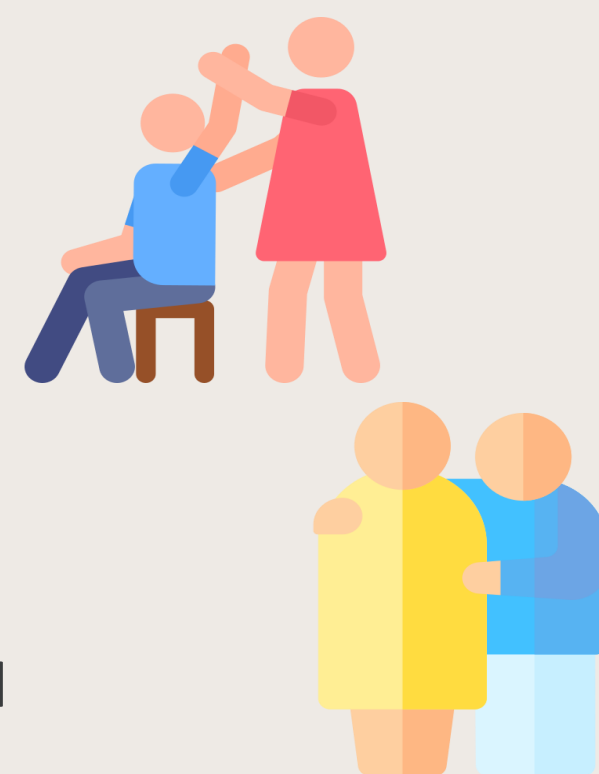
CAN MY FAMILY MEMBER/CAREGIVER BE PRESENT DURING THE TELEHEALTH SESSION?

Yes, they can. Please inform your attending Hand Occupational Therapist (OT) if any family member / caregiver(s) are present with you during the Telehealth session.

WHAT CAN I EXPECT DURING MY HAND OCCUPATIONAL THERAPY TELEHEALTH SESSIONS?

Your Hand OT may:

- Conduct a virtual upper limb examination
- Observe your engagement in daily routines and provide appropriate Activities of Daily Living (ADLs) modification advice
- Develop an individualised treatment plan to address your rehabilitation goals and maximise your independence in activities



IS THERE ANY DIFFERENCE IN STANDARD OF CARE?

We aim to provide similar quality and standard of care to physical in-clinic therapy consultation. You may switch to physical in-clinic therapy sessions any time.

WHAT DO I NEED TO BE ABLE TO USE TELEHEALTH?

To ensure that you receive a suitable and effective Telehealth experience, you will require:



Conducive quiet space



Valid email address



Smartphone or computer with Zoom installed



Access to reliable internet/ WIFI connection

HOW DO I MAKE PAYMENT AFTER THE TELEHEALTH SESSION?

Your bill will be mailed to you, and you can make payment via any of the options listed on the overleaf of the bill.

* Kindly discuss with your friendly Hand OT on your suitability