Occupational Therapy (OT) TELEHEALTH SERVICES

WHAT IS TELEHEALTH?

Telehealth is the use of digital and telecommunications to access healthcare services remotely.



We strive to provide you with the same quality and standard of OT care in the comfort of your own home.

WHAT ARE SOME OF THE OT TELEHEALTH SERVICES BEING OFFERED?















WHY IS TELEHEALTH A GOOD ALTERNATIVE?

- Enhances accessibility to rehabilitation care
- Saves travelling time and expenses
- Eliminates unnecessary waits at the clinic
- Keeps you and your loved ones safe within your own home



HOW DO I KNOW IF I AM ELIGIBLE?

OT Telehealth sessions may be offered for your follow-up visits. It is typically recommended for individuals who do not require hands-on rehabilitation interventions facilitation by the Occupational Therapist (OT).



For further queries, you may approach your friendly OT during your next OT consult.

WHAT DO I NEED TO BE ABLE TO USE TELEHEALTH?

Your OT will guide you to ensure you receive a suitable and effective Telehealth experience. This includes the setup and equipment required.

You will require:







Valid email address/WhatsApp account



Smartphone or computer with Zoom installed



