

## DISCHARGE PLANNING

Recovering at home is an integral part of the healing journey for our patients.

The appropriate post-discharge care services can enable patients to meet their needs in the community.

These services include Centre-based, Home-based, Institution-based care or other support services.

## POST-DISCHARGE RESOURCES

### CENTRE-BASED CARE

Active Ageing Centres | Active Ageing Centres (Care) | Senior Activity Centres | Day Care | Community Rehabilitation Centres

### HOME-BASED CARE

Home Medical | Home Nursing | Home Therapy | Home Personal Care | Meals on Wheels | Medical Escort & Transport | Hospice Home Care | Befriending Services

### INSTITUTION-BASED CARE

Community Hospitals | Nursing Homes | Shelter and Senior Group Homes

For more information, visit the Agency for Integrated Care (AIC) website or contact the AIC hotline at 1800-650-6060

## GOING HOME: Plan Early for Discharge



# YOUR DISCHARGE PLANNING JOURNEY

## ESTABLISHING POST-DISCHARGE CARE NEEDS

- Do discuss with the Care Team soon after admission on your expected medical and functional care needs.
- You and your family should assess if the existing care arrangement is sufficient.
- If the existing care arrangement is insufficient, do work with our Care Team to establish the appropriate support services.

## APPLYING FOR RELEVANT SERVICES TO SUPPORT POST-DISCHARGE CARE NEEDS

- Our Care Team can assist to apply for post-discharge services needed.
- To ensure a better chance of success in application of new support services, you and your family are strongly encouraged to work with the Care Team, including providing necessary information to support the application and complete it in a timely fashion.

## WHILE AWAITING LONGER TERM PLANS

- You and your family should plan for interim care arrangements at home.
- If eligible, you may also be discharged to interim care facilities while waiting for final placement.
- If you or your family refuses to accept the interim care arrangements or, despite reasonable efforts, refuse to be discharged, you may be deemed to be a "Social Overstayer".
- This means that your public healthcare subsidies and benefits will be withdrawn and each day of overstay will be charged at the full unsubsidised rates.

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## APPROACH YOUR CARE TEAM TO PLAN EARLY AND DISCUSS OPTIONS ON POST-DISCHARGE SERVICES.

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## SOCIAL OVERSTAYER POLICY

Patients who are identified as Medically Fit for Discharge from Hospital **AND** refuse discharge either to an interim placement or final placement may be deemed as a Social Overstayer.

In line with the Ministry of Health's Social Overstayer Policy, any extended hospital stay will result in:

- Withdrawal of government subsidies
- Inability to utilise MediShield Life, Integrated Shield Plans, Medifund assistance, Private Medical Insurance, Civil Service Benefits, non-immediate family members' MediSave and the Public Assistance Scheme for public hospital bills.

