4[™] Singapore Geriatric Nursing Conference 2023
Transforming Care for
Older Adults with Frailty
17 February 2023 | Friday | 9.00am (GMT +8)

Virtual Conference



Guests of Honour



Ms Paulin Koh Chief Nursing Officer Ministry of Health



Dr Hoi Shu Yin

Executive Director Centre for Asian Nursing Studies Chief Nurse, Tan Tock Seng Hospital



Ms Png Gek Kheng

Advanced Practice Nurse Chief Nurse Changi General Hospital

Synopsis

Frailty is a major healthcare challenge in a rapidly ageing population. This conference, which is specially curated for nurses, seeks to address assessment, therapeutic management and prevention of frailty for older adults in acute hospitals and community settings.

The collaborative learning platform highlights best practices across institutions to enhance community of practice in geriatric nursing.

REGISTER NOW



URL link : shorturl.at/GIMSU

For enquiries, please contact:

Ms Anna Soh: @ 🔀 yong_ling_soh@ttsh.com.sg

Ms Jowin Gui @ 🖂 Gui_shing_win@ttsh.com.sg

For Local Nurses

1 CPE point will be rewarded at the end of the Webinar











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PROGRAMME

Session 1

Frailty for Nurses 9.00am - 11.00am

1.1 SARCOPENIA: HOW MUCH DO WE KNOW ABOUT MUSCLE HEALTH?

Ms Tan Hong Yun

Advanced Practice Nurse Assistant Director of Nursing Woodlands Health

1.2 OVERVIEW OF FRAILTY Dr Li Fuyin

Advanced Practice Nurse Senior Nurse Clinician Changi General Hospital





Frailty Care from Hospital to Community 11.00am - 1.00pm

Session 2

2.1 ACUTE FRAILTY UNIT: THE NOVEL MODEL OF INPATIENT FRAILTY CARE

Ms June Kue Chwee Chin Nurse Clinician Woodlands Health

2.2 THE MILES JOURNEY: PERI-OPERATIVE OPTIMISATION OF ELDERLY SURGICAL PATIENTS

Ms Seet Sin Ying Assistant Nurse Clinician National University Hospital





2.3 FRAILTY SERVICES BEYOND THE HOSPITAL

Ms Jessie Tan Joon Chen

Advanced Practice Nurse Senior Nurse Clinician Khoo Teck Puat Hospital

1.4 FRAILTY & POLYPHARMACY

Ms Tan Keng Teng

Principal Pharmacist (Specialist) Division of Pharmacy Tan Tock Seng Hospital



Ms Joey Yeo Jia Yang Nurse Clinician Tan Tock Seng Hospital

Moderator









2.4 NUTRITIONAL INTERVENTIONS IN FRAILTY MANAGEMENT IN THE COMMUNITY

Dr Chen Wei Ting Advanced Practice Nurse Assistant Director of Nursing Tan Tock Seng Hospital





Ms Koh Mei Jiao Advanced Practice Nurse Senior Nurse Clinician National University Hospital

WORKSHOP 2.00pm - 3.30pm (For registered participants)

Track A

THE APPROACH OF FRAIL OLDER ADULTS IN COMMUNITY Track B

OPTIMISING HOSPITAL CARE FOR FRAIL OLDER ADULTS **Track C** END OF LIFE CARE IN FRAILTY

Zoom link will be sent separately to registered participants









