

CENTRAL HEALTH TALK (ONLINE)



27 April 2023, Thursday, 3.30pm – 4.30pm
Zoom (Details will be provided after registration)

How Much Do You Know About Osteoarthritis and How Do You Manage It?

By TTSH Nursing Department

What is osteoarthritis and is it a normal part of ageing? What are the potential risk factors? Join our Rheumatology Nurse Clinician Wei Joo as she shares more about:

- What is osteoarthritis
- Ways to manage and reduce the risk of osteoarthritis
- How you can maintain healthy joints



Register your attendance by scanning the QR code on the left

Registration Closing Date:
25 April 2023, 11.59pm

If you face any technical issues during registration, please contact us at:

Call: 6357 8018 (Mon – Fri, 10.00am – 4.00pm)
Email: cha@ttsh.com.sg



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