

# WORLD MENTAL HEALTH DAY

Caring for Minds, Together in the Community

**2ND OCTOBER 2025**  
**10AM – 2PM, TTSH ATRIUM LEVEL 1**

## INTERACTIVE BOOTHS

Learn practical tips from healthcare professionals and community partners supporting mental wellness.

## OLD SCHOOL GAMES

Connect with others and enjoy classic games while learning about mental health together.



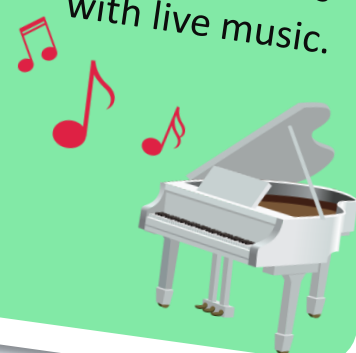
## GOODIE BAGS

Visit our various booths, collect stamps, and redeem a limited goodie bag!



## MUSIC PERFORMANCE

Tap your feet and lift your hearts with live music.



Scan to download our exclusive uplifting WhatsApp Stickers and brighten your chat!

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Dr Patrick Ang



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