

# TTSH ORTHOPAEDIC PUBLIC FORUM ON KNEE OSTEOARTHRITIS: What's New & What Works

7<sup>th</sup> FEBRUARY 26 (SAT) | 0930AM-1145AM

(Ng Teng Fong Centre for Healthcare Innovation) | CHI Halls 1 & 2, Level 2  
18, Jalan Tan Tock Seng, S(308443)

## PROGRAMME

0845AM-0925AM	Registration	
0930am-0935am	Opening Address Dr Daniel Hap Xing Fu	
0935AM-0955AM	Knee Pain101: Understanding Osteoarthritis Dr Daniel Hap Xing Fu	
0955am-1010am	New Non-Surgical Treatments: Can I avoid Surgery? Dr Lynn Thwin	
1010am-1025am	Cartilage Regeneration & Joint Preservation: Is it for me? Dr Jegathesan	
1025am-1040am	Staying Active with Arthritis: Essentials tips from Physiotherapist Ms Amanda Lee Jia Min	
1040am-1100am	Advances in surgery: Knee Replacement 2026 Adj. Asst Prof Remesh Kunnasegaran	
1100am-1120am	Life after Knee Replacement- What can I expect Asst Prof Tan Tong Leng	
1120am-1140am	Road to recovery: Patient's Perspective Facilitated by Dr Lee Wu Chean	
1140am-1150am	Q&A	

## Panelist



**Dr Daniel Hap Xing Fu**  
Consultant, Forum Chair  
Orthopaedic Surgery



**Asst Prof Tan Tong Leng**  
Senior Consultant &  
Head of Service  
Adult Reconstruction  
Orthopaedic Surgery



**Adj, Asst Prof Remesh Kunnasegaran**  
Program Director & Senior  
Consultant  
Orthopaedic Surgery



**Dr Jegathesan T**  
Consultant  
Orthopaedic Surgery



**Dr Lynn Thwin**  
Consultant  
Orthopaedic Surgery



**Ms Amanda Lee Jia Min**  
Senior Physiotherapist  
Physiotherapy



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\*Pre-registration is required for this event. No registration fees required.

**To register, interested participants may scan the QR code from 6<sup>th</sup> Jan - 6<sup>th</sup> Feb 2026.**

Registered participants will receive an email notification.

For inquires, contact  
**Jayabarathy.Singeraju@nghhealth.com.sg**