

**ALLIED HEALTH INTEGRATIVE NETWORK (AHINET)**

# Return-to-Work Coordinators Workshop: Facilitating return to work

**7 – 8 JULY 2022 | 8.30AM – 5.30PM | S\$900**  
**1.5 days Onsite and 0.5 day Online/Onsite\***

**Synopsis:**

A systematic review of 14 studies showed that Return-to-work coordinators (RTWCs) can improve RTW rates and reduce intervention costs for ill/injured workers (Dol.et al, 2021). In Singapore, there has been an increasing awareness of the importance of the roles of RTWCs since the national RTW programme was launched in November 2017. This 2-day workshop had trained more than 70 healthcare professionals across various sectors with the core competencies of RTWCs since its first run in 2016. In this 6<sup>th</sup> run, this workshop is now opened to non-healthcare professionals involved in managing RTW issues at their workplace.

**Learning Objectives:**

At the end of the workshop, participants will be able to:

1. Use a systematic approach to identify barriers and facilitators to RTW
2. Discuss the roles of different stakeholders in the RTW process
3. Apply effective communication skills to collaborate with various stakeholders
4. Develop an appropriate RTW plan to support early RTW

**Target Audience:**

All healthcare professionals and non-healthcare professionals (such as HR managers, EHS officers, workplace supervisor) working in any sectors who are interested in helping people to RTW.

**Programme:**

Day/Time	Content and Delivery
<b>7 July 2022 (AM)</b>	Online self-learning (Onsite option available) <ul style="list-style-type: none"> <li>• Identifying factors affecting RTW</li> <li>• Assessing work demands and facilitating RTW</li> </ul>
<b>7 July 2022 (PM)</b>	Onsite group-learning: <ul style="list-style-type: none"> <li>• Work Injury Compensation Act (MOM)</li> <li>• Stakeholders panel discussion</li> </ul>
<b>8 July 2022 (AM &amp; PM)</b>	Onsite group learning: <ul style="list-style-type: none"> <li>• Case study and role play</li> <li>• Developing RTW plan to support early RTW</li> <li>• Communication and negotiation skills</li> </ul>

**Certificate:**

Participants who attend both days of workshop, complete all learning activities and pass the post-workshop quiz and assignment will receive a Certificate of Achievement from TTSH, supported by MOM and WSHC. Participants who attend both days of workshop and participate in the learning activities will receive a Certificate of Attendance.

**Registration:**

To register for the workshop, please complete the registration form via this link or QR code by **10 June 2022**.

<https://form.gov.sg/6271d2f813f1f70012380f1e>



**Speakers:**

**Ms Heidi Tan**

Senior Principal Occupational Therapist, TTSH (*M.WIMOR, M.Erg, BSc(Hons) OT*)

Heidi is one of few local Occupational Therapists (OTs) who specialise in work rehabilitation and ergonomics. With more than 22 years of clinical experience, her current clinical work focuses on medico-legal functional capacity evaluations, RTW service development and research. Heidi was the principal investigator in a MOM-funded randomized controlled trial study on the effectiveness of hospital-based RTWCs in facilitating the RTW process for injured workers and collaborated closely with WSHC on the handbook “*RTW coordination in Singapore- A guide for public hospitals*” to support the national RTW programme. Heidi also holds a joint appointment as senior lecturer at the Singapore Institute of Technology.



**Ms Joanna Giam**

Principal Occupational Therapist, TTSH (*MSc Occ. Health (with Dist), BAppSc.OT*)

Joanna is the lead OT managing the TTSH OT work rehabilitation services for patients with various medical conditions for the past 10 years. Having a strong interest in helping patients RTW while minimising occupational injuries, she is active in conducting functional capacity evaluations for pre-employment and medico-legal purposes as well as conducting ergonomics assessments and workshops to corporate organisations in various industries. Joanna was one of the pioneer OTs who took on RTWC role in the MOM-funded research study and is an experienced clinical educator for both students and professional staff.



**\*Onsite venue:**

Centre for Healthcare Innovation, 18 Jalan Tan Tock Seng, Singapore 308433  
(room will be announced closer to date)