

Long Term and Palliative Care Partnerships Team



OUR LONG TERM AND PALLIATIVE CARE PARTNERS – nursing homes, hospices, and home palliative care providers – in Central Singapore play an essential role in caring for residents with long-term and end-of-life needs, supporting them in ageing well and maintaining their dignity at the end of their lives.

The TTSH Long Term and Palliative Care Partnerships Team is committed to work with partners based on our similar philosophy of care as we build healthier, happier communities together in Central Singapore.

We provide liaison in areas such as training and capability improvement, provide holistic consultancy and health and caregiving support, and create opportunities for partnerships, networking and co-learning.



WITH OUR NURSING HOME PARTNERS, CELEBRATING OUR COLLABORATIVE JOURNEY IN CARING FOR OUR RESIDENTS IN CENTRAL SINGAPORE.

From left, Heidi Rafman (Chief, Quality, Innovation and Productivity Division, AIC), Loh Shu Ching (Executive Director, Central Health), Janice Tan (Head of Residential Care, NTUC Health), Joe Hau (CEO, Renci), Chong Wai Fung (Executive Director, Renci), Dennis Tan (CEO, Ling Kwang Home), Joshua Chui (Deputy Executive Director, St Theresa's Home), Daryl Toh (Administrator, Thong Teck Home), Patsy Pang (Director of Nursing, Lions Home), Prof Eugene Fidelis Soh (CEO, TTSH and Central Health), Kate Koh (COO, Society for the Aged Sick), Michael Tay (CEO, All Saints Home), Vijaya Maruthanayagam (Head of Nursing, Thye Hua Kwang Nursing Home), A/Proj Chin Jing Jih (CMB, TTSH and Central Health), Dr Ow Chee Chung (CEO, Kwong Wai Shiu) and Adj A/Prof Ian Leong (Clinical Director, Central Health).

CONTACT US

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VISIT US AT:

<https://tinyurl.com/TTSH-LTPCO>

TRAINING AND CAPABILITY BUILDING

As the healthcare landscape evolves, the care we deliver to our patients and residents should also continuously improve. Adopting a mix of tutorials and practical coaching sessions, TTSH provides tailored training programmes that will support our long-term care and palliative care partners in building their overall capability and providing quality care to their residents.

Training fees may apply.

DIRECT PATIENT CARE:

- Tracheostomy management
- Wound care management
- Male catheterisation
- Geriatric care

Tracheostomy
Management training for nurses in Kwong Wai Shiu Hospital (Chronic Sick unit) in preparation receiving patients who require tracheostomy care in the community.



End-of-life care training conducted via video conference to multiple Nursing Home partners

FOR THE END-OF-LIFE:

- Advance Care Planning
- Preferred Plan of Care discussions
- Screening for patients at the end-of-life
- Palliative care



IMPROVING QUALITY OF CARE FOR RESIDENTS:

- Clinical Practice Improvement Programme
- Training for quality improvement champions
- Introduction to care paths and care bundles

Training at St Theresa's Home



MEDICAL SUPPORT, HEALTH AND WELLNESS PROGRAMMES

Together with our network of partners, TTSH's dedicated team of healthcare professionals provides holistic consultancy, health and caregiving services to residents and their loved ones. We aim to co-create a comfortable and supportive environment for ageing well, where individuality, dignity and quality of life take precedence.

OUR SERVICES:

CONSULTANCY

- ⊙ Geriatric Medicine
- ⊙ Palliative Medicine
- ⊙ Family Physician

ALLIED HEALTH SERVICES

- ⊙ Physiotherapy
- ⊙ Occupational Therapy
- ⊙ Speech Therapy
- ⊙ Podiatry
- ⊙ Nutrition and Dietetics
- ⊙ Medical Social Worker

Speech
Therapist doing
a swallowing
examination



Doing tongue
exercises with
a Speech
Therapist



PARTNERSHIP PROGRAMMES

Building on our tradition to serve, care and heal, TTSH also works with like-minded Long Term and Palliative Care partners to collectively care for our Central Health residents through meaningful partnership programmes, to allow our residents to Age Well and Leave Well in place.

PROJECT CARE (CARE AT THE END-OF-LIFE FOR RESIDENTS IN HOMES FOR THE ELDERLY)

Nursing homes provide care and comfort for patients with limitations in bodily functions or who require social support. Started in 2009, Project CARE is a collaboration between TTSH and Nursing Homes in Central Singapore to provide holistic End-of-Life care for Nursing Home residents.

Through capability building and the provision of specialised palliative care, TTSH works closely with our colleagues from partner Nursing Homes to enable residents to have their end-of-life care choices respected and live out their final days in dignity and comfort.

Project CARE doctor conducting an assessment on a patient at a nursing home



NETWORKING AND CO-LEARNING OPPORTUNITIES!

With more than 30 Long Term and Palliative Care partners in Central Singapore, TTSH facilitates a variety of networking and engagement opportunities, ranging from Senior Management dialogues to networking and learning events suitable for all staff. We welcome your team to be part of our Community of Practice!

The Nursing Home Breakfast Club event, first held in 2019, brought together leaders from Nursing Home partners to discuss co-learning and sharing across organisations



Staff of our nursing home partners feel involved through Quality Improvement projects. They are invited to share about their experiences at Nursing Home co-learning events.



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