

Referral to NHG Geriatric Specialists

<input type="checkbox"/> Khoo Teck Puat Hospital Tower C level 4, Clinic 41 For enquiries: 65558000 Fax Number: 66023777 Email: ktp.appt@ktp.com.sg	<input type="checkbox"/> Tan Tock Seng Hospital Annex 2 (Basement 1) For enquiries: 6359 6100 Fax Number: 6359 6101	<i>Affix Patient Label</i> Name: _____ NRIC: _____ DOB: _____ Race: _____ Sex: _____ Address: _____
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All referrals should be for patients who are **≥65 years**. For patients <65 years, please consider referring to non-Geriatric disciplines

Section A: Patient Details

Main Caregiver Details

For internal referrals, please indicate class status:

Subsidised Non – resident / Private

Name : _____ Relationship: _____

Home Tel : _____ H/P: _____

Section B:

Reason(s) for referral:

(Please tick more than one if applicable)

1. Falls and balance

Falls in the last 6 months Unsteady gait

2. Memory

Memory problem/Forgetfulness

*Indicate if patient has behavioural problem: Yes No

3. Urinary Incontinence

Urinary incontinence

4. Recent Impaired Mobility

_____ [Specify duration in months]

5. Named Referral (Non-subsidised) _____ [Specify Geriatrician]

Section C: Patient's Status (Please tick)

Ambulatory status : Ambulant Chairbound Bedbound

Communication : Communicative Non-communicative

Drug Allergy : No Yes (Please specify: _____)

History of problem requiring referral & summary of relevant medical problems

(Attach discharge summary if available)

REMINDER FOR PATIENT

1. A caregiver should accompany the patient for appointment.
2. Please come ONE hour early for nurse assessment (except for Continence Clinic).
3. Please remember to bring these items for your appointment.

- NRIC / Identification Card
- Referral letter
- All medications
- Glasses, walking stick, hearing aid

Referring
Doctor's Stamp
and Signature

Referred by:
(Clinic /
Hospital Stamp)

Date:

(FOR OFFICIAL USE ONLY)

Appropriate for (Circle): 1. Continence Clinic 2. Falls & Balance Clinic 3. General Geriatric Assessment Clinic (GRAC)
4. Memory Clinic 5. Specified Geriatrician Clinic: _____

Referral Status : **Accept / Reject / Refer to cover letter**

Appt date :

Comment:

Appt time :

Screened by/ Date :

Appt made by :

Centre for Geriatric Medicine Referral Form

Presentation of illness in the older person

In the older person, illnesses may present as geriatric syndromes rather than typical symptoms. Some of these syndromes are:

- Impaired memory / confusion
- Difficulty in walking / falls
- Incontinence

The aim of Geriatric Medicine is to assess the medical, functional and psychosocial status of the older person and to develop strategies and interventions to improve outcomes in a multidisciplinary approach.

At Specialist Outpatient Clinic, Geriatric Centre Khoo Teck Puat Hospital & Centre for Geriatric Medicine in Tan Tock Seng Hospital, we have outpatient programmes to meet the needs of the older person. We have four specialised clinics as well as individual geriatric clinics.

Geriatric outpatient programmes and clinic

Geriatric Assessment Clinic/ General Geriatric Clinic

The clinic provides comprehensive assessment of older persons (65 years and above) who have more than one geriatric syndromes or recent decline in the ability to perform activities of daily living. Geriatric rehabilitation services will also be provided to improve the elderly's functions.

Falls and Balance Clinic

The clinic is where older persons (65 years and above) with recurrent falls and gait problems are assessed by a geriatrician, nurse clinician, physiotherapist and occupational therapist. The aim is to identify the causes of falls in the individual patient and develop a care plan to help prevent further falls.


Cognition and Memory Disorders Service

The clinic is specialised for ambulant older persons (65 years and above) with memory and cognitive impairments. The assessments are conducted by a multi-disciplinary team comprising of the geriatrician, nurse clinician, as well as psychologist and therapist where applicable.

Continence Clinic

The clinic offers evaluation and treatment of older female persons (65 years and above) with urinary incontinence. Male patients should be referred to Urology who will refer to Continence clinic if needed.

Please note the clinics are specialised in the area as stated above. As such, other concomitant medical problems are best addressed by the patient's GP or other attending physician.

GERIATRIC SUBSPECIALTY CLINIC ALLOCATION GUIDE:		
Clinical Frailty Scale		
	1 2 3 4 5 6 7 8 9	
Patient's Status	Ambulant	Assisted ambulant/ Chairbound/bedbound
Reason(s) for referral	Sub-specialty Appointment to be given	
Memory	Memory Clinic	GRAC / General Geriatric Clinic
Falls and Balance/ Impaired Mobility	Falls & Balance Clinic	GRAC / General Geriatric Clinic
≥ 2 Geriatric problems	GRAC / General Geriatric Clinic	
Named Referral	Geriatrician as indicated	
Urinary Incontinence	Continence Clinic	