

A Guide to Patient Reported Outcome Measures (PROMs)

What are PROMs?

- Patient Reported Outcome Measures (PROMs) are surveys you can use to rate your health and wellbeing
- These standardised surveys help your healthcare team to better understand your health status and track your progress
- Your healthcare team will advise you if you are required to complete PROMs. You may be asked to complete them:
 - During your clinical appointment before your consultation
 - When you receive an SMS notifying you to complete them online between follow-up appointments
- PROMs may be administered in the following two ways:



Paper Survey



Digital Survey

How are PROMs useful?

1

Deepen your relationship with your healthcare team



2

Facilitate targeted treatments to better treat symptoms



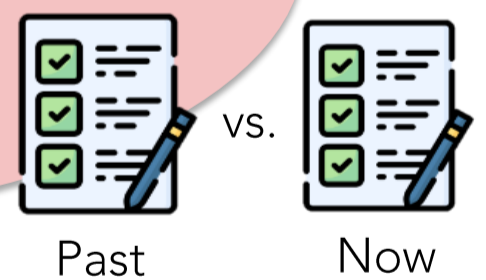
3

Provide insights on the effectiveness of your care plan



4

Provide reference points to track your health progress



5

Empower you to take ownership of your health and wellbeing



Scan the QR code to access more health information on our TTSH Health Library

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