

Please adhere to the following discharge advice:

- Keep the operative limb well protected during the infusion period (i.e. Please use arm sling).
- Regular phone and clinic reviews as required.
- Take your oral analgesia regularly for optimum pain control.

Analgesia:

You may be instructed to remove the catheter on your own at the end of the therapy or be scheduled for a review at TTSH Pain Management Clinic.

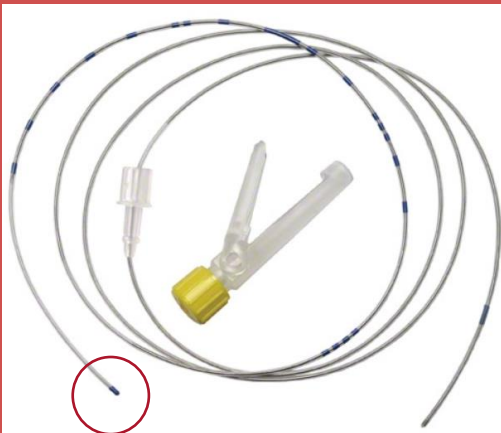


Image of a Peripheral Nerve Block catheter with tip

For any further clarifications, please call TTSH Pain Management at 9788 3473.

Pain Management Clinic
TTSH Medical Centre, Level B1
Contact:
6357 7000 (Central Hotline)
6889 4829 (Appointment Hotline)



Scan the QR Code with your smart phone to access the information online or visit
<https://for.sg/ttsh-health-library>

Was this information helpful?
Please feel free to email us if you have any feedback regarding what you have just read at patienteducation@ttsh.com.sg

Department of
NURSING

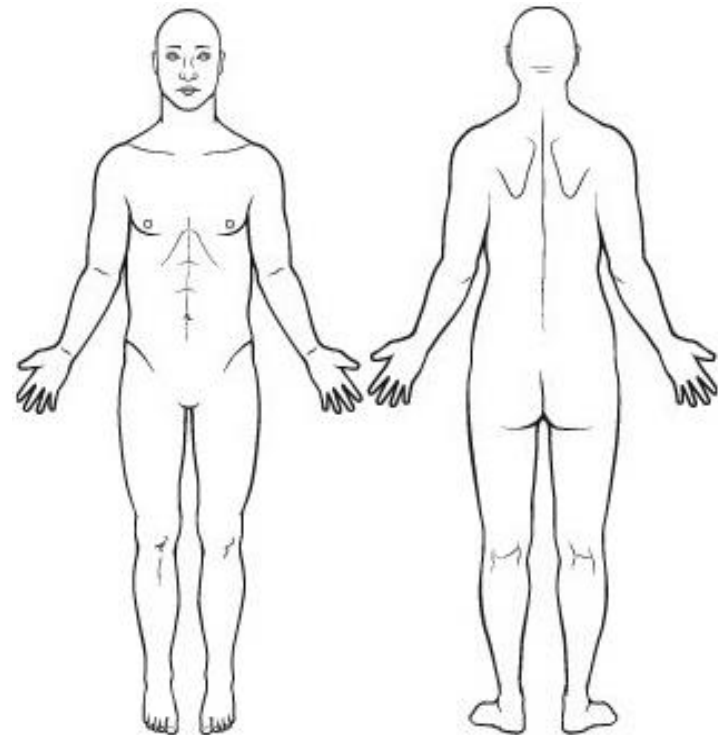
Ambulatory Continuous Peripheral Nerve Block



What is Ambulatory Continuous Peripheral Nerve Block?

- A catheter will be placed near to the nerve that supplies sensations.
- A balloon infuser is used to continuously deliver local anaesthetic medication through the catheter to relieve pain over your operation site to facilitate therapies or rehabilitation.

Where is Your Catheter Inserted?



Care of Balloon Infuser

- Check the balloon to ensure that it is reducing in size.



- Keep the infuser in the carrying pouch provided.
- Ensure that the infuser has no cracks or signs of leakage.

Care of Catheter Site

- Keep your catheter site clean and dry.
- Inspect your catheter site for any redness, swelling, discharge or pain.



Image of a Peripheral Nerve Block catheter insertion site

Care of Catheter Site (continued)

- If your infuser comes with rate adjustment, TTSH Pain Management Team will provide you with further instructions.



Image of balloon infuser with rate adjuster

Stop the infusion and contact us if you experienced the following:

- Increasing numbness or weakness over your operation site or limbs
- Numbness of mouth & tongue
- Giddiness
- Abnormal ringing in the ears
- Blurring of vision
- Muscle twitching or fits
- Fever
- Redness or pain over the catheter site
- Accidentally dislodge the catheter from operation site (please keep catheter for verification by your medical team)