

What are the estimated fees?

Estimated cost per session (excluding transportation²) is reflected in the table below. Your service provider will share more details of the charges before commencement of therapy.

Transportation, escort and day care services may be arranged if required, at additional charges.

	Estimated Cost (before subsidy ³)
Active Rehabilitation	\$53-\$92
Maintenance Rehabilitation	\$47-\$55

Accurate as of October 2021

For more information:

1. Please approach any AIC Link branch nearest to you or call the AIC Hotline at 1800- 650- 6060.
2. Visit TTSH Health Library and search 'Day Rehabilitation Centres' to 'experience' Mr Patrick Johnson's journey at a Day Rehabilitation Centre.



Day Rehabilitation Centres



DAY REHABILITATION CENTRES (DRCs) PROVIDE THERAPY, which is important for persons with heart disease, or who had a stroke, fracture or other condition that affected his ability to do everyday activities like walking around or going to the bathroom. These centre based programmes within the community help persons regain their abilities and make a full recovery.



MY REHABILITATION JOURNEY

Your doctor, nurse or therapist will discuss your rehab goals with you and make recommendations for continued rehabilitation at a Day Rehabilitation Centre.

You and your family members should consider options recommended by your doctor, nurse or therapist and let them know of the decision as soon as possible so that a timely referral can be initiated.

Your doctor, nurse or therapist will work with AIC to put up the application. Please proceed to the nearest AIC Link branch to complete your Household Means Testing assessment.

AIC will contact you within 3 working days after your discharge from the hospital.

The centre will contact you to arrange for the 1st appointment within 1 – 2 weeks.

You will be informed of the frequency and duration of your rehab treatment as well as transport arrangements (if needed).

Trained therapists¹ will assess your function and tailor exercises to help regain function.

Continue and complete your road to recovery!

WHAT ARE THE BENEFITS OF ATTENDING A DRC ?



Regain your ability to perform daily activities



Remain active and independent near your homes

Your nearest AIC Link branch is located at Centre for Health Activation (Level 1, Atrium: Opposite the Food Court)

Operating Hours
 Mondays to Fridays: 9.30 am to 5.30 pm
 Saturdays: 9.00 am to 12.30 pm
 Closed on Sundays and public holidays

Note: Please bring along the patient's and enquirer's NRICs for the initial Household Means Testing assessment.



¹ Refers to physiotherapists, occupational therapists and speech therapists.

² If required. Please note that subsidised transportation fees will only apply if you live within the catchment area of the transport for the respective DRCs.

³ Individuals may apply for subsidies and the received amount varies depending on household's income.