

Safety With Footwear



No/Low
Fall Risk



Moderate Fall
Risk



High Fall Risks
+ No
Deformities



High Fall Risks
+ Severe
Forefoot
Deformities



Wheelchair
Bound



A,B,C,E

A,B,C,E

A,B,C

C

E



A,B,C,D,E

A,B,C,D,E

A,B,C,D

C

E



- Falls Risk as per Monofilament test
- Severe forefoot deformities include: bunions with overlapping lesser toes, forefoot abductus, prominent interphalangeal joints, rigid claw toes

Falls Prevention (FALLS-P):

- **F**ootwear should be donned by patient while seated
- **A**ssist patients with functional/visual impairments on proper donning/doffing
- **L**inings of the footwear (internal) should be smooth to prevent skin from getting abrasions
- **L**ook at the soles of the footwear periodically to check whether they are worn out
- **S**urfaces should be kept dry and free from clutter to prevent slips, trips and falls
- **P**lease ensure comfortable, correct fit as loose fitting may cause patients to trip