

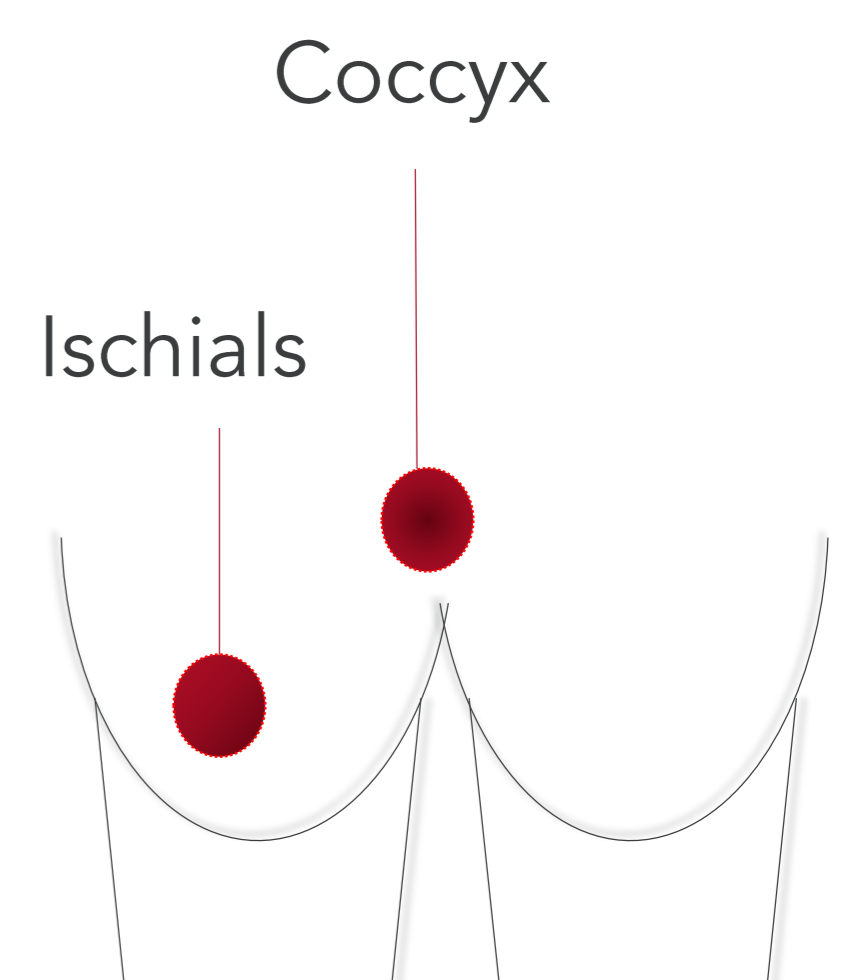
Maintenance of Pressure Relief Cushion

Why is it Important to Maintain Your Pressure Relief Cushion?

- Interaction between the cushion and your body determines your comfort, function and safety.
- Wear and tear in the cushion can increase the risk of developing pressure ulcers.
- Skin redness indicates tissue breakdown. Periodically check your skin for redness.
- If skin redness occurs, discontinue the use of the cushion and consult your doctor or therapist immediately.

Cushion Bottoming Out

- When in sitting, ensure that your bottom (ischials and coccyx) is not touching the wheelchair seat.
- You must have at least 1cm of material at the ischials and coccyx areas, before touching the wheelchair seat.
- You are encouraged to check the cushion for bottoming out in the first 2 minutes, first full day of sitting and monthly thereafter.



Cushion Cover

- Always use cushion with the cover on.
- Ensure there are no hole or tear in the cover.
- Ensure the zipper is working well.
- If your cushion has a hard base, ensure it is not broken.
- Wipe the cover with damp cloth at least once a week.
- Hand wash once every 3 months especially if soiled.



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Foam Cushion

- Ensure foam is intact (not peeling or chipped off).
- When pressed, the foam should bounce back.



Air Cushion

- Press the cushion to ensure that there is no air leakage.
- If there is air leak, remove the cushion cover and place the cushion in water to look for any air bubbles.
- If you see any bubbles, contact vendor for repair.



Gel Cushion

- Knead your gel cushion daily to ensure it moves under the bony prominences during use.
- If you feel the gel is firmer in one area. Simply knead the gel back to its original consistency.
- Ensure the gel does not leak out or becomes hard.



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