

As you stay at home more during this pandemic, your home has not only become a place you live in, but also a place where you work and carry out recreational activities.

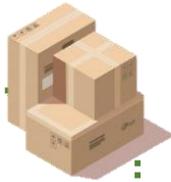


Tips to Embrace Our New Home Environment:

1 Declutter

Spring Clean Your Home

- Sort your items and determine which to keep or give up e.g. based on the KonMari method¹
- Use clear boxes to store your items for easy identification



2 Create New Spaces

Find New Areas for Activities

- Create an area within your home just to do personal activities e.g. a make-shift craft or exercise corner
- Decorate your personal area with things that bring you joy e.g. plants or art pieces



3 Keep Things Clean

Maintain Cleanliness at Home

- Clear the garbage regularly to avoid attracting pests
- Turn pails over to remove stagnant water and prevent mosquitoes from breeding



KonMari Method¹



1 Commit yourself to tidying up



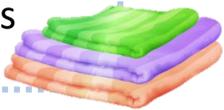
2 Envision how your ideal home should be

3 Tidy by category and not by location

4 Follow the right order: Clothing, books, papers, miscellaneous, sentimental items



5 Place your possessions in a pile then go through item by item



6 Choose what to keep and not what to throw away by asking yourself if that item sparks joy in you

7 Discard then organise



8 Fold clothes upright instead of stacking



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¹ Amanda, G. 2019. What is the KonMari Method? Here's How to Declutter the Marie Kondo Way. [Online]. [20 May 2020]. Available from: <https://www.goodhousekeeping.com/home/organizing/a25846191/what-is-the-konmari-method/>



IGA
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