



Live life at ease with Health Enrichment Centre (HEC). We value your health most.

# High Blood Pressure Screening Package \$450

High blood pressure is also known as a "silent killer". People generally feel and look well but when left untreated, hypertension can cause heart attacks, strokes and kidney damage. This package screens for heart problems, kidney complications as well as related conditions like diabetes and high cholesterol.



# High Blood Pressure Screening Package includes:

### **Biometric Parameters**

Body Impedance Analysis

- Height & Weight
- Body Mass Index
- Waist Circumference
- Blood Pressure

#### Laboratory Investigations

Glucose Screen Cholesterol Screen Kidney Function Panel

Urine Microalbumin

### Other Investigations

Electrocardiogram (ECG)

Chest X ray

Choose 1 of the following

Treadmill Stress Test or

CT Calcium Score

#### Doctor's Examination

Complete History Taking Complete Physical Examination Auroscopy

Counselling

Rectal Examination (Optional) Breast Examination (For Ladies)

# Medical Report & Review

## HEALTH ENRICHMENT CENTRE

Website : www.ttsh.com.sg/

healthenrichmentcentre/

Appointment Hotline: 6357 2233

Email : HEC@ttsh.com.sg

Address : Tan Tock Seng Hospital

Level 1

Main Ward Entrance

#### Terms and conditions:

- Medical advice and recommendation will be delivered based on case findings, clinical investigations, medical history and personal profile.
- The health screening doctor reserves all rights to amend/remove any health screening component should the doctor deem the health screener unsuitable to conduct the health screening test, based on clinical judgment.
- All investigations included in the health screening programme are strictly non-exchangeable, non-refundable and
  have no redeemable cash value. The health screener will forfeit any of the investigations should he/she choose not to
  use the service during the health screening.
- All prices listed are subject to prevailing GST and change without prior notice.