

BONE AND SOFT TISSUE TUMOUR SUPPORT GROUP

A diagnosis of a cancerous bone or soft tissue tumour is a life-changing event. There is often a sense of disbelief, anxiety or helplessness. The experience can be overwhelming and stressful. Therefore, it is helpful to meet other patients who have been on a similar journey.

The Bone and Soft Tissue Tumour (BSTT) Support Group is a platform for patients and relatives to share their journeys with other patients and their families and provide emotional support.

The support group is run by the MSK tumour coordinator and doctors and support staff from the Department of Orthopaedic Surgery. Membership is voluntary, and members are able to indicate how involved they would like to be.

You can expect the following activities:

- ⦿ Individual support for newly diagnosed patients
- ⦿ Group sharing sessions
- ⦿ Forums and educational programmes
- ⦿ Events coordination
(Terry fox run, Run against cancer)

If you would like to join the Bone and Soft Tissue Tumour Support Group, please call 97701685.



DEPARTMENT OF
ORTHOPAEDIC SURGERY

Musculoskeletal (MSK) Tumour Service



OVERVIEW

Our multi-disciplinary team comprises of specialty-trained orthopaedic surgeons, radiologists, pathologists, medical oncologists, radiation oncologists and allied health professionals with extensive experience and expertise in treating musculoskeletal (MSK) tumours.

Most tumours are benign and harmless, but some can be aggressive or even cancerous. We take a careful, proactive approach to all cases. The first step in management is to obtain an accurate diagnosis. Once this is achieved, we aim to provide care and treatment that is personalised to your needs.

TUMOUR CARE MANAGEMENT

- ⦿ We work together with you and your family to accurately diagnose and treat your condition
- ⦿ We provide long term follow-up and monitoring to detect relapse or spread of the tumour to other parts of the body
- ⦿ We conduct research to continuously improve the care of our patients
- ⦿ Our aim is the same as yours – to provide high quality assessment and treatment, and to preserve quality of life and function wherever possible

WE HAVE A TEAM OF DEDICATED AND EXPERIENCED DOCTORS WHO SPECIALISE IN:

- ⦿ Diagnosis and treatment of non-cancerous (benign) and cancerous (malignant) bone and soft tissue tumours
- ⦿ Limb preservation surgery for malignant bone and soft-tissue tumours
- ⦿ Advanced reconstructive techniques such as metal (prosthetic) implants, liquid nitrogen cryotherapy and biological reconstruction using your own bone
- ⦿ Complex pelvic resections and reconstruction surgeries
- ⦿ Minimally invasive techniques
- ⦿ Prevention of fractures and preservation of function for patients with cancers that have spread to the bone from other organs



OUR MULTI-DISCIPLINARY TEAM CONSISTS OF:



Surgeons
Diagnose tumours and provide surgical treatment



Radiologists
Interpret X-rays, scans, and perform minimally invasive procedures.
Pathologists



Examine tumours with a microscope and perform special tests for diagnosis



Medical oncologists
Provide chemotherapy and drug treatment for tumours



Radiation oncologists
Use radiation therapy to reduce risk of recurrence

TUMOUR COORDINATOR HOTLINE

MSK tumour patients can call our hotline **9770 1685** for issues related to their tumour management.

This hotline is managed by the tumour coordinator and operates from Monday to Friday, 9am to 5.30pm (excluding Public Holidays)

What can you call the hotline for?

- ⦿ Post operative concerns and issues with regards to surgical drains or wound care
- ⦿ If you have any problems and need to return early (e.g., recurrent swellings, pain or wound complications)

For urgent medical condition, please