

Diosmin and Hersperidin

Medication Information Leaflet

What is this medication for?

- This medication is used to treat piles (haemorrhoids).
- It can also be used to treat some conditions affecting the veins, particularly those in the lower limbs. This includes symptoms such as a sensation of heavy legs, early morning restless legs, pain and night cramps.

How should I take/use this medication?

- Take your medication as prescribed by your doctor.
- Take this medication with or after food.
- If you are taking this medication for piles, if symptoms do not improve or worsen within two weeks, consult your healthcare professional.

What should I do if I forget to take/use this medication?

If you forget to take a dose, take it as soon as you remember. Then take your next dose at the usual time. Do not take two doses to make up for the missed dose.

What precautions should I take?

Inform your healthcare professional if:

- You are allergic to this medication or any of the other ingredients of this medication.
- You are pregnant, planning to become pregnant, or breastfeeding.
- You are taking any other medications, including supplements, traditional medications and herbal remedies.

What are some common side-effects of this medication?

- Gastrointestinal side effects such as abdominal discomfort, nausea, vomiting and diarrhoea or constipation.
- Headaches or dizziness.

What are some rare but serious side-effects that I need to seek medical advice immediately?

The symptoms of a drug allergy include one or more of the following:

- Swollen face/eyes/lips/tongue
- Difficulty in breathing
- Itchy skin rashes over your whole body

If you experience any of these symptoms, you should stop your medication and see your healthcare professional immediately.

What food or medication should I avoid when I take this medication?

This medication should not be taken with some cancer drugs (e.g. doxorubicin and vincristine), some drugs which suppress the immune system (e.g. sirolimus), some heart medications (e.g. digoxin) and colchicine (for gout). Inform your doctor if you are taking any other medications.

How should I store this medication?

Store in a cool and dry place, away from direct sunlight. Keep this medication away from children.

How should I throw away this medication safely?

Pack this medication into a black trash bag and seal it tightly before throwing it into the rubbish chute or bin.

Disclaimers

If you take more than the recommended dose, please seek medical advice immediately. The information provided on this page does not replace information from your healthcare professional. Please consult your healthcare professional for more information.

This article is jointly developed by members of the National Medication Information workgroup. The workgroup consists of cluster partners (National Healthcare Group, National University Health System and SingHealth), community pharmacies (Guardian, Unity and Watsons) and Pharmaceutical Society of Singapore. The content does not reflect drug availability and supply information in pharmacies and healthcare institutions. You are advised to check with the respective institutions for such information.

Last updated on Jun 2022

